



NC Infant Mental Health Association
Promoting strong minds from the start

2016 Annual Report - Coming of Age in a Changing Landscape

Our Mission: Early relationships, experiences and the broader environment form the foundation for lifelong physical and mental health. The North Carolina Infant/Young Child Mental Health Association is a statewide interdisciplinary nonprofit organization that promotes this strong foundation for infants, toddlers, young children and their caregivers through public awareness, advocacy and professional development.

Advocacy/Public Awareness

Provided leadership and action through an assortment of state and regional initiatives, including:

- ◆ NC Interagency Coordinating Council
- ◆ NC Partnership for Children
- ◆ Competency-Based Training Workgroup-Department of Public Health
- ◆ North Carolina State Collaborative for Children, Youth and Families
- ◆ Durham Early Childhood Mental Health Task Force
- ◆ Guilford's Ready for School, Ready for Life and Guilford County Schools Say Yes!
- ◆ Z Five of Mecklenburg County
- ◆ Wake County Young Child Mental Health Collaborative
- ◆ NC Child
- ◆ Child First Key Partners
- ◆ NC Early Childhood Foundation's Pathways Data Indicators workgroups and State Leaders team
- ◆ NC Assuring Better Child Health and Development (ABCD) advisory panel
- ◆ NC Division of Public Health's Early Intervention Branch Systemic Improvement Plan Task Force



Workforce Development

- ◆ Appointed to the steering committee for the NC Zero to Three Infant and Early Childhood Mental Health Policy Learning Collaborative Technical Assistance Grant received by the state of NC
Sustained the work of the **Workforce Development Taskforce** inclusive of young child mental health and early education stakeholders from across North Carolina to produce:
 - Justification of the need for a system of social-emotional competencies
 - Early Childhood Social-Emotional Competencies (an adaptation of the Early Childhood Mental Health Core Competencies for Positive Practice from the Alamance Alliance for Children and Families)
 - Applications of the system of competencies in several locations in NC, including higher education and in-service staff development settings
 - Messaging to raise community awareness and buy-in for developing the workforce and the application of the system of competencies
 - Collaborative partnerships to sustain these workforce development efforts including NC Race to the Top, Frank Porter Graham Child Development Institute, Early Learning Network and Encouraging Connections



Organizational Growth & Sustainability

- ◆ Appointed to the NC Partnership for Children's Board
- ◆ Oriented and installed 8 new board members with emphasis on geographic, age, race, and professional diversity
- ◆ Achieved highest membership total to date by enrolling 267 registered members
- ◆ Continued the work of the association with no permanent paid staff through a working board that averages 100 hours of in-kind contribution per member and a total in-kind contribution value to the Association of \$ 5,000
- ◆ Revenue totaling \$ 13,000 for the year that includes almost \$ 8,000 in donations and another \$ 5,000 in grant funding. Total Expenses for the year = \$ 10,500
- ◆ Hosted 5th Annual NCIMHA Conference, **Science of Resilience: Building Adult Capabilities to Promote Early Childhood Mental Health**, with registration exceeding capacity with 275+ participants from across the state!!!

Our Vision: Every infant, toddler and young child in North Carolina will grow up within nurturing relationships and supportive environments that provide the basis for emotional, cognitive and social capacities necessary for healthy future development.

