

Connection Station #1 - How can our region start, strengthen or expand local collaboratives and other community-wide efforts?		
What's one thing you learned at this Connection Station?	A. About other collaboratives, including LICCs	<i>What other counties are/have done to start and maintain collaboratives for young kids.</i> <i>LICC is a great resources and way to make change in the community.</i>
	B. About local programs and resources	<i>KIDSPEACE offers therapeutic foster care.</i> <i>I learned that parenting classes are available through the Health Department.</i>
	C. How to build or strengthen collaborations and connections across agencies	<i>Way to expand collaborative goals and community efforts (AHEC, grant writing).</i> <i>Ideas to promote a collaboration.</i>
	D. Ideas or motivation for getting the word out (not necessarily about collaboration)	<i>Sharing more data with legislature will benefit more money for child mental health.</i> <i>I've learned that mental health and education providers need each other more than they think.</i>
	E. About challenges and limitations others are facing	<i>Staff need agency leadership support to value work time involved in cross-agency collaborative work.</i> <i>Common sense has decreased in this state (CDSA restrictions)</i>
What would you like to learn more about?	A. Local networks, collaboratives, chapters and opportunities for creating them	<i>How can we start a local chapter of NCIMHA?</i> <i>What is the local LICC's role in Cumberland Co.</i>
	B. Technical assistance in areas of: funding sources, recruitment strategies, social media, grassroots action, data, updates, etc.	<i>How to gather information about how to get funding for a collaborative effort.</i> <i>How to start a support group in the faith base to education parents about child health and mental health.</i>
	C. Local resources, including services and providers	<i>Learn more about mental health providers in the area.</i> <i>How to access the resources that are available.</i>

Connection Station #2 - What should we all know about early brain development and how it is affected by the environment before and after birth?		
<p>What's one thing you learned at this Connection Station?</p>	A. About brain development, the risks & protective factors	<p><i>Hormonal stress levels.</i></p> <p><i>What trauma does to the brain.</i></p>
	B. Importance of brain development and educating others about it	<p><i>The importance of brain development throughout the entire pregnancy.</i></p> <p><i>The need for a national emotional well-being initiative.</i></p>
	C. Resources in local communities and for learning more about brain development	<p><i>Good resource: Circleofsecurity.org</i></p> <p><i>Resources on brain development.</i></p>
	D. How to educate others	<p><i>The idea of using social networks to share the information.</i></p> <p><i>It helps to talk to parents about the "brain" – give them physiological info instead of "warm fuzzy" info.</i></p>
<p>What would you like to learn more about?</p> <p>(Lots of feedback here so more quotes.)</p>	A. How to educate/tools for educating others, especially parents	<p><i>Videos, pictures that show how early brain development works.</i></p> <p><i>Websites to refer parents to assist with toddler parenting.</i></p> <p><i>How to disseminate brain-based research in a way that the general public "gets".</i></p> <p><i>Educate teachers about neuroscience.</i></p> <p><i>Available brain education programs for foster parents.</i></p> <p><i>How to improve parent involvement in very rural areas.</i></p> <p><i>Alternatives to offer parent when child is misbehaving.</i></p>

	<p>B. Early brain development and the impact of risks</p>	<p><i>Early signs of development issues in birth to 5 year olds.</i></p> <p><i>How exactly is methamphetamine Vs. painkillers, etc. affecting babies, toddlers.</i></p> <p><i>How stimulation (light, noise) and touch affect brain development.</i></p> <p><i>Impact of cortisol on early onset diabetes and infants.</i></p> <p><i>Long-term influence of screen time and higher technology.</i></p> <p><i>Effects of toxic stress.</i></p> <p><i>Pre-frontal cortex development& how it affects children/adolescents.</i></p>
	<p>C. Ways to detect issues early & counter damage to brain architecture</p>	<p><i>How can we use pre-natal appointments to begin talking about baby's brain development.</i></p> <p><i>Positive interventions once trauma or distress has occurred.</i></p> <p><i>ABC approach.</i></p> <p><i>What can be done to nurture children exposed to violence, neglect or abuse.</i></p>
	<p>C. More about local therapists, services and programs</p>	<p><i>How to get more info on Triple P.</i></p> <p><i>Therapists & services in the area that work with IMH</i></p>

Connection Station #3 - What is being done in NC toward prevention of social-emotional problems in infants and young children, and what can our region do to enhance our prevention efforts locally?		
What's one thing you learned at this Connection Station?	A. Prevention programs available	<i>CC4C Triple P Project Enlightenment Touchpoints CSEFEL</i>
	B. Needs and ideas for expanding prevention efforts	<i>In-home services only start at 3 years old. Foster parent training is important focus for prevention Link new parents together for parent support groups. Not all pediatricians complete a ASQH questionnaire at each child app't. I underutilize our CSDA as a referral source.</i>
	C. Need for more coordination, collaboration and communication across agencies.	<i>Barriers, but we have resources that are readily available so we have to collaborate more. There is not enough communication between agencies in a given region.</i>
What would you like to learn more about?	A. Evidence-based and promising preventive strategies and programs	<i>ACES CSEFEL Triple P CC4C Family Finding</i>

	<p>B. Advocacy, funding & supporting system change</p>	<p><i>Mental health takes a back seat to other pressing service issues—how to address this?</i></p> <p><i>Working on BIG community awareness coalitions as inclusive as possible.</i></p> <p><i>How can we better equip early interventionists to provide more MH in the home environment?</i></p> <p><i>Incorporate social/emotional health education in high schools.</i></p> <p><i>How to form a community forum to bring professionals together to discuss and partner.</i></p> <p><i>Learn more about grant writing and funding sources.</i></p> <p><i>How to bill for IMH in natural environments.</i></p>
	<p>C. How to educate and connect others to services</p>	<p><i>Reaching out to local providers to educate on family friendly approach.</i></p> <p><i>Getting resources out to the public.</i></p> <p><i>How to help families follow up with resources for infants.</i></p>
	<p>D. Provider/resource list</p>	<p><i>We need a list of MH providers – 0-5 – private pay, sliding scale, NC Health Choice, Medicaid.</i></p> <p><i>Want to know more about 211.</i></p> <p><i>Listing or services that parents can access for social-emotional behavior support</i></p>

Connection Station #4 - What do we know about programs that work to help young children and families who have been identified as in need of services, and how can we make them available to more children in our region?		
What's one thing you learned at this Connection Station?	A. Trainings and programs available to providers and families	<p><i>Incredible Years parenting as a resource for families and access.</i></p> <p><i>I learned about PPP and its value in engaging parents, I hope to learn even more.</i></p> <p><i>Effectiveness of Parents as Teachers.</i></p>
	B. Organizations that provide services/focus on infant/young child mental health	<p><i>The Center for Family and Child Health website – provides more info on MH resources/therapies.</i></p> <p><i>Tammy Lynn Center, KidScope Chapel Hill, ECHO Program, Welcome Baby.</i></p> <p><i>Down East Partnership for Children brings several different entities to work together.</i></p>
	C. How to engage parents about infant/young child mental health	<p><i>Empower the parents to teach each other.</i></p> <p><i>We have to be creative about encouraging parent participation.</i></p> <p><i>How to get parents to stay BEFORE rapport is built?</i></p>
What would you like to learn more about?	A. What other services/programs are available	<p><i>Need to learn about more resources for child mental health services, especially with developmental needs.</i></p> <p><i>Learn more about different treatment models.</i></p> <p><i>What programs are available in specific counties?</i></p>
	B. Trainings for the programs that were talk about; workforce development	<p><i>How can individuals get trained in PCIT?</i></p> <p><i>Learn about PPP, when is training offered?</i></p> <p><i>Cont. education opportunities specifically related to child mental health?</i></p>

	<p>C. How to get funding/what are the funding sources to pay for programs</p>	<p><i>Local resources and funding sources?</i></p> <p><i>Funding opportunities for evidence based?</i></p> <p><i>Where does funding for Smart Start come from?</i></p>
	<p>D. How to offset the cost of treatment for families</p>	<p><i>How do we help families that do not qualify for Medicaid and are without private insurance?</i></p> <p><i>Additional funding available to help with family need?</i></p> <p><i>Need to learn how each county is connected in funding sources for families to service services.</i></p>

Connection Station #5 - What are some of the barriers and challenges to providing prevention and intervention services to infants, young children and their families, and what are some solutions that might work in our region and state?

<p>What's one thing you learned at this Connection Station?</p>	<p>A. Importance of parent involvement in child's treatment; overcoming parent resistance</p>	<p><i>Many providers are very angry at families of young children, frustrated at their lack of follow through on recommendations.</i></p> <p><i>Intervention begins with the family.</i></p> <p><i>Importance of families in modeling values, attitudes, behaviors of children.</i></p>
	<p>B. Lack of advocacy/awareness of infant/young child mental health; the need for more advocacy/awareness</p>	<p><i>Public awareness and education around mental health issues and young children is critical.</i></p> <p><i>The lack of awareness of mental health for young children.</i></p> <p><i>If people know more, they'll do more.</i></p>
	<p>C. Lack of a streamlined system of care; the need for coordinated services</p>	<p><i>Need more coordination of services.</i></p> <p><i>Linking the child to resources after care services.</i></p> <p><i>Finding the missing link between CDSA and school.</i></p>
	<p>D. Resources/programs that are available that can help overcome barriers</p>	<p><i>I really like the "test a baby," the text acts as a reminder and provides information.</i></p> <p><i>Different parenting trainings available across state, ex. Incredible Years.</i></p> <p><i>Screen Free Week</i></p>
	<p>E. Stigma around mental health</p>	<p><i>Need to be aware of the stigma that some communities associate with "mental health" and rephrase our efforts to help.</i></p> <p><i>To de-stigmatize mental health consider sharing information and distribute info through the churches.</i></p> <p><i>Barriers – stigma? Lack of psychological understanding.</i></p>

What would you like to learn more about?	A. Ways to connect with parents; keep parents involvement/engaged	<p><i>The best ways to quickly establish connections with families?</i></p> <p><i>How to empower families to participate in programs?</i></p> <p><i>How to keep parents engaged when working with their child?</i></p>
	B. Strategies on advocacy and creating awareness	<p><i>Learn more about advocacy for young children's mental health (how to advocate).</i></p> <p><i>More public services messages (like the YouTube we saw).</i></p> <p><i>Presenting information to advocate for more awareness and action for infant mental health.</i></p>
	C. Creating collaboration with other organizations and community groups	<p><i>How to engage the business community in the effort to support young child mental health?</i></p> <p><i>How to build strong relationships between agencies and local non-profits?</i></p> <p><i>How to improve participation in community groups (already in place – LICCs) to begin to work together to address issues?</i></p>

Connection Station #6 - What is the impact of investing in early childhood development on our economy, how can I learn more about it, and how can I use it in my advocacy efforts?		
What's one thing you learned at this Connection Station?	A. Strategies on advocacy and creating awareness about early investment	<p><i>Advocating with clear data is best.</i></p> <p><i>Importance of educating and advocating for infant/child mental health resources to have a bigger impact on society/economy in the future.</i></p> <p><i>Need for consistent advocates for early childhood intervention.</i></p>
	B. Research/data to support early investment benefits	<p><i>About the ACE study.</i></p> <p><i>5% raise in high school graduation rate would save NC \$152M.</i></p> <p><i>1 in 77 children are expelled from daycare and many parents are fired because they leave so much to pick up their children.</i></p>
	C. Investing in early intervention; how to translate EI into economic benefits	<p><i>Cheaper to do early than later.</i></p> <p><i>Talk about early investment in terms of \$\$.</i></p> <p><i>Importance of reframing advocacy efforts from "doing right thing" to tangible economic benefits.</i></p>
	D. Parental involvement is important to economic advocacy efforts	<p><i>Need for parents to make investment and become advocate for child.</i></p> <p><i>Learned more and definitive ideas to empower families to advocate for EI development in their communities and doctors' offices.</i></p> <p><i>We must invest in parents as well as children.</i></p>
	E. Getting legislators to be allies and ways to do so	<p><i>Approach legislators for what specific programs you would like funding for.</i></p> <p><i>Importance of developing relationships with legislators.</i></p> <p><i>Learned what local politicians may be most in support of these efforts.</i></p>

What would you like to learn more about?	A. Who to contact/How to advocate for more funding	<p><i>Who specifically to write to about importance of early childhood funding?</i></p> <p><i>How do you write grants to find available money?</i></p> <p><i>Ways to obtain funding for EI services?</i></p>
	B. How to present investing in infant/young child mental health to legislators	<p><i>NC lobbying efforts for EI funding.</i></p> <p><i>How do we engage legislators in the infant mental health dialogue?</i></p> <p><i>How to advocate effectively at various levels of legislation.</i></p>
	C. Strategies on advocacy and creating awareness	<p><i>Advocacy efforts that have proven effective/productive.</i></p> <p><i>Getting information out about early child development to all that is needed is an overwhelming idea -> how to do it?</i></p> <p><i>I would like to learn more about how to become an advocate for zero to three.</i></p>