Building Communities of Support for the Social and Emotional Development of Young Children in North Carolina: A Resource Guide

September 2013

Compiled by The Lee Institute
Overview and Purpose

One of the goals for the 2013 NCIMHA Learning and Action Workshops was for participants to become familiar with what's happening - both locally and across the state - to meet the social and emotional health needs of very young children. To that end, and in the spirit of collaboration, we have developed a list consisting of points of inspiration submitted by people across the state.

Through a Survey Monkey tool, workshop registrants, NCIMHA members and friends, and others have submitted accomplishments, programs and services in their communities that might be helpful for other people, within their community and across the state, to know about. It is not intended to serve as a provider list; it is intended to offer inspiration and ideas for acting on some of the recommendations contained in the NC Institute of Medicine’s 2012 report: “Growing Up Well: Supporting Young Children’s Social-Emotional Development and Mental Health in North Carolina” http://www.nciom.org/publications/?early-childhood.

This guide is a snapshot in time. Information contained in this guide appears, for the most part, as it was submitted to NCIMHA. Submissions about programs that actually exist across the state have been consolidated into a single “statewide” entry. The information is as current as the information that was submitted throughout the spring and summer of 2013.

By compiling people’s submissions into this format, we hope that you and your communities find it to be a useful resource for connecting with others around the state in your own efforts to build communities of support for the social and emotional development of young children in North Carolina.

Each entry is identified by the categories in which it fits. The categories in which each submission fits appear in color with text underlined at the top of the entry. There is an index organized by category at the end of this guide. The categories include:

| Building awareness and advocacy | Parent/family support | Community collaboration | Evidence-based practices | Workforce development - training and education | Early care and education | Research | Other |
Thank You for Your Contributions!

The following individuals have submitted accomplishments, programs and services in their local communities to help build this guide.

Dianne Alexander, Guiding Parents to Service  
Cynthia K. Askew, Choanoke Area Development Association  
Ennis Baker, Orange County Head Start/Early Head Start  
Melissa Baker, Buncombe County Department of Health  
Lissa Bowman, CMS Pre-K Programs  
Smokie Brawley, Child Care Resources Inc.  
Ellyn Burke, Easter Seals UCP ECOS  
Lori Anne Burke - Easter Seals, UCP  
Halley M Carmack, Carolina Outreach, LLC  
Cynthia Chamblee, Project Enlightenment Wake County Public School System  
Pam Chance  
Chalonda Coleman, MSW- RHCC-Grace Court  
Cheri Coleman, Healthy Families Durham  
Gloria Cook, Wake County Human Services  
Andrea Dalporto, Family Service of the Piedmont/Fairview Family Resource Center  
Frances Davis, Family, Infant & Preschool Program  
Lanier DeGrella, CCSA  
Sarah DeNome DeNome Alliances Counseling Center  
Ursula Douglas, Care Ring  
Karin Erickson Dawes, Family Preservation Services  
Mary Erwin, Alamance Alliance for Children and Families  
Sheryl Ewing, Family Support Network of Southeastern NC Inc.  
G. Laverne Fesperman MSW, LCSW, Five Mecklenburg County and Shoreway Family Therapy Services, PA.  
Jennifer Graham, Mecklenburg County CDSA  
John Guenther, Wake County SmartStart  
Pat Harris, Durham's Partnership for Children  
Bob Herman-Smith, University of North Carolina at Charlotte  
Cynthia W. Hill, CDSA  
Evette Horton, UNC Horizons  
Garnett Hutchinson, NCIMHA Board of Directors  
Kim James, Williams-Mecklenburg County CDSA  
Melissa Johnson, WakeMed  
Libby Jones, NC Families United  
Martha Kaufman, Alamance County Health Department  
Lara Kehle, KidSCope Early Intervention and Family Support  
Stephanie Klitsch, Council for Children’s Rights  
Eboni Lanier, Center for Child and Family Health  
Brenda Little, NC - Early Learning Network  
Emmy Marshall, Prevent Child Abuse North Carolina  
Michele Mattox, Carolina Care and Counseling, Inc.  
Jose A. Miranda, Robeson Health Care Corporation  
Amy Moose, Turning Point Services, Inc.  
Alexandra Morris, KidSCope  
Zondra Moss, HOPE  
Ralph W. Murphy, Analenisgi  
Laura Muse, The Alamance Alliance for Children and Families  
Sabrina Owens, Therapy Playground/Discovery Playground  
Sherry Oxendine, Cumberland Co. LME  
Dr. C. Chris Payne, UNCG Center for Youth, Family, and Community Partnerships  
Elizabeth Pope, IFCS  
John Poulin, Greene County Schools  
Carrie Reinecke, Carolina Parenting Solutions, PLLC  
Marcia Rollings, Governor Morehead Preschool
Tina Saunooke, Safe Babies Program - Cherokee Court Family Services in Indian Country

Dr. Teresa Smith, Alamance Alliance For Children and Families

Deborah Spencer, ABC Human Services

Aviva Starr, EChO, Exchange Clubs’ Family Center

Lucy Stefani, UNC School of Medicine

Janice Swilley, Cheshire Center

Ms. Mary Ellen Taylor, Mecklenburg County Health Department

Suzanne Thoyre, University of North Carolina at Chapel Hill School of Nursing

Anna Troutman, Wake County SmartStart

Candi Tyler, Carteret County Public Schools

Heather Ulrich, Ph.D., Jackson/Haywood/Macon County Psychological Services

Ana Velasquez, FAN (Family Advocacy Network) a program under Mental Health America of the Triangle

Sylvia L. Wagoner, Concord CDSA

Shonta Walker, Thompson Child and Family Focus

Wendy B. Wieber, NC Early Intervention for Children who are Deaf or Hard of Hearing

Connie Windham, Alamance Alliance for Children and Families

Claretta Witherspoon, Alamance Alliance

Suzi Woodard, Blue Mountain Center for Integrative Health

Greta Zuck

Henderson County Department of Public Health

NC Families United

The NCIMHA Learning and Actions Workshops were funded by a grant from the NC Early Childhood Advisory Council

And hosted in collaboration with

Area LAHEC
Charlotte AHEC
Eastern AHEC
Greensboro AHEC

Northwest AHEC
Mountain AHEC
Southeast AHEC
Southern Regional AHEC
Wake AHEC
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### Alamance County

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#### Name of Organization: The Alamance Alliance for Children and Families

**Description:** The Alliance’s Cultural and Linguistic Competence Coordinator provides cultural training to traditional child-serving organizations, nonprofits, and the greater community to support the development of a culturally responsive workforce. Trainings focus on culture identity, emotional intelligence, and strengths to empower and motivate audiences to develop nurturing customer service focused relationships.

**Website:** [www.alamancesoc.org](http://www.alamancesoc.org)

<table>
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<tr>
<th>Contact Person:</th>
<th>Phone Number:</th>
<th>Email Address:</th>
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<tbody>
<tr>
<td>Dr. Teresa A. Smith</td>
<td>336-570-6644 x20242</td>
<td><a href="mailto:Teresa_Smith@abss.k12.nc.us">Teresa_Smith@abss.k12.nc.us</a></td>
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#### Name of Program: Early Childhood Mental Health Training

**Description:** Developed and implemented Early Childhood Mental Health training to include:
- ASQ-SE training with nine agencies
- Trauma informed trainings
- Three Learning Collaboratives for Evidence Based Practices
- Cultural Competence and Family Driven Care
- Train the Trainer course with targeted community partners to sustain the learning post grant

**Website:** [www.alamancesoc.org](http://www.alamancesoc.org)

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<tr>
<td>Claretta Witherspoon</td>
<td>336-314-6418</td>
<td><a href="mailto:c_wither@uncg.edu">c_wither@uncg.edu</a></td>
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</tbody>
</table>
### Online Cultural Competency Training Modules and Cultural Competency Professional Learning Community (PLC)

**Name of Organization:** The Alamance Alliance for Children and Families  
**Name of Program:** Online Cultural Competency Training Modules and Cultural Competency Professional Learning Community (PLC)  
**Description:** Online Cultural Competency Training Modules to be housed on NC State Collaborative Training Website for statewide access by child-serving organizations. This will support culturally responsive services for children and families.  
The Alliance’s Cultural and Linguistic Competence Committee sponsors the AlaScene Learning Group. The AlaScene Learning Group is a professional learning community (PLC) that extends cultural competence learning opportunities that foster collaborative learning across child-serving organizations with a focus on cultural competent services for children with social and emotional concerns. This group was established as part of the Alliance’s sustainability efforts and meets monthly.  
**Website:** www.alamancesoc.org  
**Contact Person:** Dr. Teresa A. Smith  
**Phone Number:** 336-570-6644 x20242  
**Email Address:** Teresa_Smith@abss.k12.nc.us

### Behind the Seen: Encounters with the Contemporary Family

**Name of Organization:** The Alamance Alliance for Children and Families  
**Name of Program:** Behind the Seen: Encounters with the Contemporary Family  
**Description:** “Behind the Seen: Encounters with the Contemporary Family” has been a social marketing project of the Alamance Alliance for Children and Families that brought sixteen artists into the lives of four families in Alamance County to create unique interpretations of family dynamics and challenges. The result has been a beautiful art show that debuted in May 2012 at the Holly Hill Mall in Burlington and has traveled around the state to several venues this past year. A corresponding full length documentary has been filmed and will be opening to stakeholders and the public at Burlington's 400 seat Paramount Theatre on May 9, 2013, Children's Mental Health Awareness Day. The purpose of the art show and documentary is to increase awareness and give the community a vehicle to start a conversation about early childhood mental health issues and effectively reducing stigma that often exists regarding families with young children suffering from emotional and behavioral health challenges thereby increasing services to the children and families who need them. The documentary is available for organizations to use in their public awareness/advocacy work.  
**Website:** www.alamancesoc.org  
**Contact Person:** Mary Erwin  
**Phone Number:** 336-513-0063  
**Email Address:** merwin@alamancechildren.org
### Building awareness and advocacy
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### Name of Organization: The Alamance Alliance for Children and Families

**Description:** Evidenced-Based Practices now available in Alamance County and surrounding areas:
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Child-Parent Psychotherapy (CPP)
- Attachment BiobehavioralCatchup (ABC)
- Parent-Child Interactive Therapy (PCIT)
- Positive Parenting Program (Triple P): Level III and Level IV

**Website:** [www.alamancesoc.org](http://www.alamancesoc.org)

**Contact Person:**
Laura Muse
**Phone Number:** 336-202-3188
**Email Address:** lmuse18@hotmail.com

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### Building awareness and advocacy
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### Name of Organization: The Alamance Alliance for Children and Families

**Name of Program:** Child welfare practice improvement protocol

**Description:** Implementation of child welfare practice improvement protocol for addressing the behavioral health needs of children 0-6 involved with child welfare. Its purpose is to provide guidance to child welfare workers in responding to the behavioral health needs of children involved in child welfare. Practice change addresses three areas of need:
1. Increased knowledge in the area of Early Childhood Mental Health including social/emotional development, brain development, risk and resiliency factors, the effects of trauma on social emotional development, and evidence based interventions;
2. Skill development in the use of the Ages and Stages Questionnaire-Social Emotional (ASQ-SE) including completion and scoring, and referral process;

The result of the protocol has been substantial increase in screening and referral of children with behavioral health needs served in child welfare.

**Website:** [www.alamancesoc.org](http://www.alamancesoc.org)

**Contact Person:**
Connie Windham
**Phone Number:** 336-229-2351
**Email Address:** connie.windham@alamance-nc.com
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**Name of Organization:** Alamance County DSS  
**Name of Program:** Children’s Executive Oversight Committee (CEOC)  
**Description:** Establishment of the Children’s Executive Oversight Committee (CEOC) to provide oversight of planning and development of services and supports, including early childhood mental health initiatives, for children and families in Alamance County. Membership of the committee includes directors of public and private child-serving agencies, law enforcement, judicial, county officials, school superintendent, medical community, etc. This committee meets monthly and has implemented a cross system memorandum of agreement to work together to build an array of services, supports and linkages among the public agencies, families, their neighborhoods and communities, utilizing a System of Care approach.  
**Website:** www.alamancesoc.org  
**Contact Person:** Linda Jones, SOC Coordinator  
**Phone Number:** 336-229-3846  
**Email Address:** linda.jones@alamance-nc.com

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**Name of Organization:** Alamance County Health Department  
**Name of Program:** NC Project LAUNCH - Triple P  
**Description:** Implementation of NC Project LAUNCH in Alamance County is employing a population-based approach to establish a common language/common approach to promote family health and well-being through implementation of Positive Parenting Program (Triple P) training across child-serving sectors. Triple P is an evidence-based parenting and family support system, backed up by more than 30 years of research that de-stigmatizes asking for and receiving parenting help. Numerous pediatricians and family practice physicians have received training in Triple P (along with dozens of community service practitioners) to help build a consistent source of effective support for families that often begins through pediatrician initiated Triple P support during a well-child or sick visit. Triple P Levels 1-4 are being implemented in collaboration with the Children and Youth Branch NC Division of Public Health and Triple P America.  
**Website:** http://projectlaunch.promoteprevent.org/  
**Contact Person:** Ann Meletzke  
**Phone Number:** 336-229-3824  
**Email Address:** ann.meletzke@alamance-nc.com
**Name of Organization:** Alamance County Health Department

**Name of Program:** NC Project LAUNCH - Home Visiting Services Continuum

**Description:** NC Project LAUNCH and the Alamance Alliance System of Care are collaborating to build a comprehensive and integrated array of services and supports for young children and their families in Alamance County. NC Project LAUNCH is developing a best-practice Home Visiting Services Continuum. A Home Visiting Consortium, comprised of program level representatives, is working together to design and implement the service continuum. LAUNCH provides promotion and prevention resources through implementation of evidence-based approaches such as Reach Out and Read, the Positive Parenting Program (Triple P), along with Family Centered Medical Homes, while the Alliance provides an array of evidence-based mental health interventions, such as Parent-Child Interaction Therapy and Trauma Focused Cognitive Behavioral Therapy.

Partners include the Alamance Burlington School System (Social Work and Nursing), AccessCare, Alamance County Departments of Health (CC4C and Pregnancy Care Management), Social Services, the Exchange Club Family Center, the Children’s Developmental Services Center, and the Partnership for Children. Numerous staff of these programs are now accredited in the Positive Parenting Program. Both initiatives provide access to Attachment and Behavioral Catch Up (ABC) for children 0-6 months, funded by NC Project LAUNCH. The Alliance and Project LAUNCH consistently braid resources and funds to maximize resources and promote innovation in the development of a comprehensive early childhood service and support system.

**Website:** [http://projectlaunch.promoteprevent.org/](http://projectlaunch.promoteprevent.org/)

**Contact Person:** Martha Kaufman

**Phone Number:** 336-263-4922

**Email Address:** martha.kaufman@alamance-nc.com

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**Buncombe County**

**Name of Organization:** Asheville Children’s Developmental Services Agency (see page 48 for statewide CDSA network)

**Description:** About 3 or 4 years ago, the Asheville CDSA was piloting a project where knowledgeable service coordinators provided outreach to substance abuse centers and pregnant mothers/fathers. The goal was for the clients to get to know the SCs and feel comfortable enough after giving birth to have the infant evaluated and enrolled in the CDSA program if qualified.

**Website:**

**Contact Person:** Maggie Panther, MA, CCC-SLP

**Phone Number:** 828-251-6091

**Email Address:** maggie.panther@dhhs.nc.gov
### Asheville City Preschool Early Head Start

**Name of Organization:** Asheville City Preschool Early Head Start *(see page 49 for statewide Head Start network)*

**Description:** The Asheville City Schools Preschool (ACSP) EHS program follows a family-centered approach that supports parents as their child’s primary educator and nurturer. Children are enrolled in either a home-based or center-based option. All children in EHS receive routine vision, hearing, developmental, and dental screenings. All EHS families receive home visits featuring the Parents as Teachers curriculum and the Head Start family goal-setting model. All families are invited to regular parent meetings and are encouraged to participate in a variety of ways.

**Website:** [http://www.ashevillecityschools.net/schools/pre/Pages/EarlyHeadStart.aspx](http://www.ashevillecityschools.net/schools/pre/Pages/EarlyHeadStart.aspx)

**Contact Person:** Susanna Smith  
**Phone Number:**  
**Email Address:** susanna.smith@asheville.k12.nc.us

### Innovative Approaches

**Name of Organization:** Buncombe County Department of Health

**Name of Program:** Innovative Approaches

**Description:** The Innovative Approaches grant project of the Buncombe County Department of Health consists of a steering committee of local agencies that serve children and youth with special health care needs. One of the many projects of this group of dedicated parents and professionals is "increasing awareness of the Adverse Childhood Events (ACE) study among health care professionals". This work is just beginning in Winter 2013, and the purpose is to increase understanding that early childhood trauma has undeniable long-term consequences for adult health. Thus, with the grant focus on children and youth with special health care needs, one of the things we can investigate in the future is how our pediatric health professionals can address trauma and refer for appropriate services.

**Website:**

**Contact Person:** Melissa Baker, Project Coordinator  
**Phone Number:** 828-337-2886  
**Email Address:** melissa.baker@buncombecounty.org

### Gentle Touch Parent-Child Program LLC

**Name of Organization:** Gentle Touch Parent-Child Program LLC

**Description:** The Gentle Touch® Parent-Child Program is a health promotion, experiential parenting program, child abuse prevention, and a high-risk intervention for pregnant parents and caregivers with their infants, toddlers, and preschoolers. Services for families and trainings for professionals are available.


**Contact Person:** Emma Miller, D.Div., MSW, LCSWA  
**Phone Number:** 828-255-5648  
**Email Address:** Emma@GentleTouchParent-Child.com
## Building awareness and advocacy

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### Name of Organization: Start From Seed

**Description:** Start From Seed (SFS) is a non-profit organization under the umbrella of 501(c)3 WNC Health Advocates in Asheville, NC. SFS provides comprehensive birth services to women and families in Buncombe County, NC.

SFS partners with many wonderful community health organizations in Buncombe County, NC. Our partners refer qualified patients with limited resources, histories of trauma and abuse, teenage pregnancies, and homelessness. These women make up 90% of the client base.

All SFS doulas are DONA trained, and are paired with a certified Doula Mentor who coaches them through prenatal and postpartum meetings with clients and the entirety of the labor process. SFS doulas have 24 hour access to their Doula Mentors throughout their tenure with our program. The Doula Mentoring program enables us to provide a more integrated, substantial and relevant education for SFS doulas. More importantly, it allows SFS doulas to deliver a consistently high level of individualized care in the community.

**Website:** [http://www.startfromseed.org/](http://www.startfromseed.org/)

### Contact Person: Candi Tyler

**Phone Number:** 252-223-4573

**Email Address:** candi.tyler@carteretk12.org

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## Carteret County

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### Name of Organization: Carteret County Public Schools

**Name of Program:** CSEFEL Pyramid model

**Description:** The public schools’ preschool programs have adopted the CSEFEL Pyramid model designed to build high quality supportive childhood environments that promote positive outcomes for all children. We use a systematic approach in teaching targeted social skills that can have preventive and remedial effects on children's social behaviors, thus reducing the need for intensive behavioral interventions. This program serves 3-5 year old children enrolled in the inclusive preschool center within the public school arena and our preschool teachers.

**Website:**

### Contact Person: Candi Tyler

**Phone Number:** 252-223-4573

**Email Address:** candi.tyler@carteretk12.org
### Crystal Coast Autism Center

**Name of Organization:** Crystal Coast Autism Center

**Description:** The Crystal Coast Autism Center was created by a parent of a child with autism in Morehead City to help bring services for children with autism closer to home. Recently opened - I have only read an article in the paper about it but I love that it was started by a parent. Evaluations will be provided at the Center by Nancy Happ, OT, as well as a variety of physical, art and social skills activities for children with autism.

**Website:** www.ccautismcenter.org

**Contact Person:** Nancy Happ

**Phone Number:** 252-240-2255

**Email Address:**

### Chatham Area Network for Therapeutic Riding (CAN-TR)

**Name of Organization:** Chatham Area Network for Therapeutic Riding

**Description:** CAN-TR is the only equine-assisted riding program in Chatham with NARHA-certified instructors and Physical Therapy that offer hippotherapy, therapeutic riding and mentoring to children and adults with special needs, in an inclusive setting when possible. We work through a network of farms, which means that there’s probably a CAN-TR riding program near you. It’s easier than ever to bring the benefits of equine-assisted therapy to your child.

**Website:** www.can-tr.org/

**Contact Person:**

**Phone Number:** 919-883-1766

**Email Address:**

### Chatham County Public Health Department, Child Service Coordination

**Name of Organization:** Chatham County Public Health Department, Child Service Coordination

**Description:** For advice and assessment of children’s risk for special needs.

**Website:** http://www.chathamnc.org/Index.aspx?page=124

**Contact Person:** Jenny McCarthy

**Phone Number:** 919-542-8220

**Email Address:** Jenny.mccarthy@Chathamnc.org
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**Name of Organization:** Children’s Developmental Services Agency  
**Description:** Services include developmental evaluations for children birth to three who are at risk for or who have developmental disabilities and case management services for children birth to three years, who are eligible for and enrolled in the NC Infant Toddler Program. Services are provided in the child’s natural environment.  
**Website:** www.beeearly.nc.gov

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**Name of Organization:** Community and Family Health Connections, Chatham County Public Health Department  
**Description:** Family Support Services, for pregnant women & families of children at risk for developmental delays, provides resource, advocacy and support services. Services are delivered to families with children 0-5 who may need assistance getting resources. It offers services and learning about child development and appropriate parental expectations.  
Services include care management for children 0-5 years of age (CC4C) with the goal of improving the child’s health care by linking the family to services to meet their needs. Services are provided at medical clinics and by home visits.  
**Website:** www.fsnnc.org

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**Name of Organization:** Family Violence and Rape Crisis Services/Coalition for Family Peace  
**Description:** Provides counseling supportive services and parenting education for families in the shelter or in their own homes who have experienced domestic violence.  
Services for victims of domestic violence and sexual assault, including shelter at a confidential location, crisis support and counseling, hospital accompaniment, individual and family counseling, support groups, court advocacy, information and referral assistance with protective orders, community education and professional training. Provides a state-certified program for batterers. Services in Spanish and English. No fee for most services.  
**Website:** www.fvrc.org

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<td>1-800-233-6834 (Emergency mobile crisis access &amp; Crisis line)</td>
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<tr>
<td>Name of Organization: Incredible Years Parent Education (BASIC)</td>
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<tr>
<td><strong>Description:</strong> The evidence-based Incredible Years Parent Training Program is a free 15-week program for parents of children aged 3-6 years. Parent groups meet once per week and are taught skills to promote children’s social competence and reduce behavior problems. The classes focus on play and positive involvement with children, praise and rewards, effective limit setting and non-violent discipline practices. Classes are offered in English and Spanish.</td>
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<td><strong>Website:</strong></td>
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<tr>
<td><strong>Contact Person:</strong></td>
<td><strong>Phone Number:</strong></td>
<td><strong>Email Address:</strong></td>
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<tr>
<td></td>
<td>919-358-9270</td>
<td></td>
</tr>
<tr>
<td></td>
<td>919-542-9891</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Name of Organization: KidSCope Chatham Outreach Services</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong> This program provides screening and support to children birth-5 in child care centers in Chatham County whose child care providers have concerns about their development, behavior or ability to succeed in the classroom. Consultants provide information, support based on the needs of individual children and work with child care providers and families to create successful strategies in the classroom. No fee.</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.chtop.com/kidscope.htm">www.chtop.com/kidscope.htm</a></td>
</tr>
<tr>
<td><strong>Contact Person:</strong></td>
</tr>
<tr>
<td>Lara Kehle</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name of Organization: KidSCope Child Care Behavior Consultation Services</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong> Provides evidence-based therapies for families with children birth-5 which focus on improving the caregiver-child relationship and increasing children’s positive behaviors. Services include customized evaluation, specialized developmental instruction, individual counseling and education for families, and evidence-based therapies. Medicaid accepted no fee for some services.</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.chtop.com/kidscope.htm">www.chtop.com/kidscope.htm</a></td>
</tr>
<tr>
<td><strong>Contact Person:</strong></td>
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</table>
### Cumberland County

<table>
<thead>
<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
<th>Community collaboration</th>
<th>Evidence-based practices</th>
<th>Workforce development - training and education</th>
<th>Early care and education</th>
<th>Research</th>
<th>Other</th>
</tr>
</thead>
</table>

**Name of Organization:** Monkey Joe's

**Description:** Monkey Joe's of Fayetteville, it provides a safe and fun environment for children to play and grow. They also provide a "special needs night" for any child and family members to come to the facility one time a month the last hour they are open for FREE. It gives families the chance to network and meet others around them that have the same struggles when they often feel alone in their situations.

**Website:** www.monkeyjoes.com

**Contact Person:**

<table>
<thead>
<tr>
<th>Phone Number:</th>
<th>Email Address:</th>
</tr>
</thead>
<tbody>
<tr>
<td>910-423-5637</td>
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### System of Care, Cumberland Co. LME

<table>
<thead>
<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
<th>Community collaboration</th>
<th>Evidence-based practices</th>
<th>Workforce development - training and education</th>
<th>Early care and education</th>
<th>Research</th>
<th>Other</th>
</tr>
</thead>
</table>

**Name of Organization:** System of Care, Cumberland Co. LME

**Description:** System of Care is a network of community services and supports for children and youth with serious mental health needs. Families, youth and providers become partners so each child can function better at home, in school, and in the community.

**Website:**

<table>
<thead>
<tr>
<th>Contact Person:</th>
<th>Phone Number:</th>
<th>Email Address:</th>
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</thead>
<tbody>
<tr>
<td>Sharon Glover</td>
<td>910-222-6377</td>
<td><a href="mailto:sglover@mail.ccmentalhealth.org">sglover@mail.ccmentalhealth.org</a></td>
</tr>
</tbody>
</table>

### Durham County

<table>
<thead>
<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
<th>Community collaboration</th>
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<th>Workforce development - training and education</th>
<th>Early care and education</th>
<th>Research</th>
<th>Other</th>
</tr>
</thead>
</table>

**Name of Organization:** Communities in Schools

**Description:** Durham Communities in Schools in collaboration with NC Prevent Child Abuse has convened an implementation science design group to improve the way in which the Incredible Years parent and teacher curricula are implemented locally with the goal of improving outcomes for families. Thus far the group has completed the design of staff selection process that could be a model for any parent education program.

**Website:** www.cisdurham.org

<table>
<thead>
<tr>
<th>Contact Person:</th>
<th>Phone Number:</th>
<th>Email Address:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elizabeth Levene</td>
<td>919-403-1936 x21</td>
<td><a href="mailto:elizabeth@cisdurham.org">elizabeth@cisdurham.org</a></td>
</tr>
<tr>
<td>Name of Organization: Durham Connects</td>
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<tr>
<td><strong>Description:</strong> Durham Connects is a nurse home visiting program operating in Durham, NC.</td>
<td></td>
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<tr>
<td><strong>Website:</strong> <a href="http://www.durhamconnects.org">www.durhamconnects.org</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Contact Person:</strong> Jeanine Sato</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Phone Number:</strong></td>
<td><strong>Email Address:</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="mailto:J.Sato@duke.edu">J.Sato@duke.edu</a></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Name of Organization: EChO, Exchange Clubs’ Family Center</th>
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</thead>
<tbody>
<tr>
<td><strong>Description:</strong> EChO (Early Childhood Outreach) program of the Exchange Clubs' Family Center provides support to children with challenging behavior in Durham County Childcare Programs. In this work EChO provides consultation to childcare providers on strategies to decrease challenging behavior and increase social emotional development. Additionally, EChO provides community training on social emotional development by strengthening relationships with children; creating effective classroom techniques; teaching children to manage difficult emotions and problem solve. EChO strives to help all children arrive at kindergarten ready to learn with effective social skills and healthy minds.</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.exchangefamilycenter.org/">http://www.exchangefamilycenter.org/</a></td>
</tr>
<tr>
<td><strong>Contact Person:</strong> Aviva Starr</td>
</tr>
<tr>
<td><strong>Phone Number:</strong> 919-403-8249 x233</td>
</tr>
<tr>
<td><strong>Email Address:</strong> <a href="mailto:avivas@exchangefamilycenter.org">avivas@exchangefamilycenter.org</a></td>
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</tbody>
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<tr>
<th>Name of Organization: El Futuro</th>
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<tbody>
<tr>
<td><strong>Description:</strong> The clinical work of El Futuro includes evidence based practices used by clinicians who are licensed behavioral health service providers in North Carolina. Therapy includes:</td>
</tr>
<tr>
<td>• Interpersonal Psychotherapy (IPT)</td>
</tr>
<tr>
<td>• Cognitive Behavioral Therapy (CBT)</td>
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<tr>
<td>• Trauma Focused Cognitive Behavioral Therapy (TF-CBT)</td>
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<tr>
<td>• Child Parent Psychotherapy (CPP)</td>
</tr>
<tr>
<td>• Dialectical Behavioral Therapy (DBT)</td>
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<tr>
<td>• Motivational Interviewing (MI)</td>
</tr>
<tr>
<td>• Parent Child Interaction Therapy (PCIT)</td>
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<tr>
<td>• Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS)</td>
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<tr>
<td>Two of their clinicians are certified instructors in the Incredible Years Parenting facilitation.</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://elfuturo-nc.org">http://elfuturo-nc.org</a></td>
</tr>
<tr>
<td><strong>Contact Person:</strong> Luke Smith</td>
</tr>
<tr>
<td><strong>Phone Number:</strong> 919-688-7101 x600</td>
</tr>
<tr>
<td><strong>Email Address:</strong> <a href="mailto:lsmith@elfuturo-nc.org">lsmith@elfuturo-nc.org</a></td>
</tr>
<tr>
<td>Building awareness and advocacy</td>
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<tr>
<td><strong>Name of Organization</strong>: Healthy Families Durham</td>
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<tr>
<td><strong>Website</strong>: <a href="http://www.ccfhnc.org/young_children.php">http://www.ccfhnc.org/young_children.php</a></td>
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<table>
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<th>Research</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Name of Organization</strong>: Exchange Clubs' Family Center Family Support Program</td>
<td><strong>Description</strong>: The Family Support Program provides in home SafeCare and Parent Child Interaction Therapy to help build strong families and reduce the risk of abuse and neglect. In addition to making the service as effective as possible by using evidence based models that include coaching, we try to make it as accessible as possible. The Family Support Program is offered in English and Spanish, for free, on evenings/weekends and allows for appointment times to change week to week. To reach those families at highest risk, SafeCare and PCIT are provided along with Motivational Interviewing, Bio-feedback, and Anger Management to help people address additional barriers, including ambivalence, that interfere with their ability to adopt new parenting techniques.</td>
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<tr>
<td><strong>Website</strong>: <a href="http://www.exchangefamilycenter.org">www.exchangefamilycenter.org</a></td>
<td><strong>Contact Person</strong>: Rachel Galanter</td>
<td><strong>Phone Number</strong>: 919-403-8249 x231</td>
<td><strong>Email Address</strong>: <a href="mailto:rachelanna@exchangefamilycenter.org">rachelanna@exchangefamilycenter.org</a></td>
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<th>Early care and education</th>
<th>Research</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Name of Organization</strong>: Welcome Baby</td>
<td><strong>Description</strong>: Welcome Baby provides parenting education and support to families with young children. Services are available for free to all Durham County, NC residents with newborns and children to age 5.</td>
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<tr>
<td><strong>Website</strong>: <a href="http://www.welcomebaby.org">www.welcomebaby.org</a></td>
<td><strong>Contact Person</strong>: Melva Henry</td>
<td><strong>Phone Number</strong>: 919-560-7150</td>
<td><strong>Email Address</strong>: <a href="mailto:welcomebabydurham@gmail.com">welcomebabydurham@gmail.com</a></td>
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### Forsyth County

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<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
<th>Community collaboration</th>
<th>Evidence-based practices</th>
<th>Workforce development - training and education</th>
<th>Early care and education</th>
<th>Research</th>
<th>Screening, Triage and Referral to other providers</th>
</tr>
</thead>
</table>

**Name of Organization:** Winston-Salem Children's Developmental Services Agency  
**Description:**  
**Website:** [http://www.beearly.nc.gov/](http://www.beearly.nc.gov/)  
**Contact Person:** Betty Mabe  
**Phone Number:** 336-713-7404  
**Email Address:** bmabe@wakehealth.edu

### Gaston County

<table>
<thead>
<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
<th>Community collaboration</th>
<th>Evidence-based practices</th>
<th>Workforce development - training and education</th>
<th>Early care and education</th>
<th>Research</th>
<th>Screening, Triage and Referral to other providers</th>
</tr>
</thead>
</table>

**Name of Organization:** Partnership For Children *(see page 51 for statewide Smart Start network)*  
**Description:** Smart Start, offering support to child care centers. They provide workshops on various topics and subjects. Services are also offered to parents.  
**Website:** [www.partnersbhm.org](http://www.partnersbhm.org)  
**Contact Person:** Judy Batten  
**Phone Number:** 336-599-3773  
**Email Address:**
**Guilford County**

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<thead>
<tr>
<th>Building awareness and advocacy</th>
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<th>Community collaboration</th>
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<th>Research</th>
<th>Other</th>
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**Name of Organization:** UNCG Greensboro  
**Name of Program:** Early Is Best  
**Description:** This is a joint initiative of the United Way of Greater Greensboro, UNCG’s Center for Youth, Family, and Community Partnerships, the Guilford County Department of Public Health and the Children’s Home Society. Support is provided by the Cemala Foundation and the Bryan Foundation. Early is Best is aimed at building a strong foundation for children under age 5 based in all areas of development: social, emotional, cognitive and physical by offering positive parenting education and in-home nurse visits. “Early is Best” offers a Parent Education Collaborative and a Newborn Home Visiting Nurse specializing in infant and maternal mental health.

The Early Is Best Parent Education Collaborative is designed to promote high quality parent education in Guilford County. By bringing together resources for parents of children under 5, parents will be able to connect to the right program for them more easily. Also, programs can work together for greater impact in our community. The collaborative will provide training and technical assistance to individuals and organizations working with parents.

Aimed at building strong foundations for children under age five, the collaborative focuses on development, positive parenting education and in home visitations. The collaborative focuses on building nurturing parenting skills and support while promoting healthy community relationships. Working together with common goals in mind, the collaborative impact is evidenced based parent education community wide, high level of program quality, and healthy environments.

The Nurse Home Visiting Program provides a registered nurse to make home visits to new mothers and their families that have been identified as needing additional services by a healthcare professional and are not eligible for other community programs. These families may be at increased risk for psychosocial, emotional and behavior concerns that may impede the child’s mental stability, overall health and ability to learn. The nurse will visit the family in the comfort of their home. She will conduct a thorough assessment of mom and baby, address any concerns, answer questions and make referrals when necessary. Age-appropriate education will be provided as well as developmental screenings.

**Website:** [www.uncg.edu/csr](http://www.uncg.edu/csr)  
**Contact Person:** Chris Payne  
**Phone Number:** 336-217-9738  
**Email Address:** ccpayne@uncg.edu
Name of Organization: UNCGreensboro

Name of Program: Juvenile Court Infant Toddler Initiative (JCITI)

Description: This project has two major goals:

1) To increase awareness among all those who work with maltreated infants and toddlers about the negative impact of abuse and neglect on very young children
2) To change local systems to improve outcomes and prevent future court involvement in the lives of very young children

JCITI builds the capacity of families, court team members and service providers to support the safety and the healthy development of young children who present in the child welfare system due to abuse, neglect, or dependency.

The Guilford County initiative creates a system and provides services modeled after the evidence-based Zero to Three Safe Babies Court Team program. Services include a Court Coordinator to manage and track cases through the court process, identify and refer for resources and services, and to convene and facilitate the supporting teams: court team, staffing, and resource team.

The Juvenile Court Infant Toddler Initiative (JCITI) brings to bear the research knowledge and experience of local child development, social service, and mental health professionals and combines that with judicial muscle so that infants and toddlers are given the attention and life-changing help they need. In JCITI, juvenile and family court judges partner with child development specialists to create a team of child welfare and health professionals, child advocates and community leaders to provide services to abused and neglected infants and toddlers to meet young children's complex needs, swiftly and effectively.

Similar to other child court initiatives, JCITI seeks to implement a multi-system collaboration between the courts, the child-serving community, and academia, a collaboration that is focused on the young child and his/her family child-focused collaborative, and a collaboration that is sustainable.

Target population: Guilford County infants through age three, their parents and caregivers.

Number Served: Approximately 25-30 referrals each quarter. 60+ JCITI involved court team and resource team partners participate in trainings each quarter (judges, attorneys, DSS staff, Guardians Ad Litem, child therapists, and parent educators. The program collaborates with additional community agencies each year.

Website: www.uncg.edu/csr

Contact Person: Chris Payne or Kristin Stout

Phone Number: 336-217-9738

Email Address: ccpayne@uncg.edu
**Name of Organization:** UNCG Greensboro Center for Youth, Family, & Community Partnerships

**Name of Program:** Bringing Out the Best (BOB)

**Description:** Bringing Out the Best (BOB) builds the capacity of childcare providers and families to support age-appropriate social and emotional development of young children who are experiencing behavioral and/or other challenges in a variety of settings. Bringing Out the Best provides community based services targeting the infant through age five population with social and emotional challenges so as to increase the number of children in Guilford County who are healthy and ready to succeed as they enter school.

BOB staff is trained on evidence-based interventions including CSEFEL (Center for Social, Emotional Foundations for Early Learning), Second Step: A Violence Prevention Curriculum, which is a universal prevention program that proactively teaches critical social and emotional skills to children, and the evidence-based intervention for infants and toddlers - Attachment Biobehavioral Catchup (ABC). BOB also includes staff trained in the Incredible Years Teacher, Developmental Therapy (GROUPS), and Cognitive Behavioral Therapy (CBT).

Consultants develop individualized plans for increasing a child’s success in the classroom and the home and deliver 6-12 sessions of individualized intervention for a child within the childcare setting. On-site training, technical assistance, individual child assessments and staff development for childcare providers is offered in English and Spanish. Staff facilitate referrals to other community agencies as necessary, coordinate meetings between childcare providers and parents, and conduct home visits, support, and parent training in English and Spanish.

BOB also offers weekly child and parent groups; and LINK (Leadership Innovation Network for Kids), a community support network for early childhood professionals to reduce preschool expulsion.

**Location:** Guilford County

**Target population:** Infants through age five, their caregivers, and parents.

**Number Served:** Approximately 40 to 60 referrals each quarter, 100 teachers each quarter and 50 to 75 parents each quarter participate in the program. The program collaborates with additional community agencies each year.

**Website:** www.uncg.edu/csr

**Contact Person:**
- Wanda Dodson-Hoff
- Chris Payne

**Phone Number:**
- 336-272-5979
- 336-217-9738

**Email Address:**
- w_dodson@uncg.edu
- ccpayne@uncg.edu

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**Henderson County**

**Name of Organization:** Henderson County Department of Public Health

**Description:** Care coordination for children serves children 0-5 years old Medicaid or uninsured throughout NC.

**Website:**

**Contact Person:**
- Donna Marple RN. CCM

**Phone Number:**
- 828-694-6088

**Email Address:**
- dmarple@hendersoncountync.org
## Mecklenburg County

<table>
<thead>
<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
<th>Community collaboration</th>
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<th>Research</th>
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</table>

### Name of Organization: Care Ring

**Description:** Nurse-Family Partnership (NFP) at Care Ring is an evidence-based, intensive home visitation program that provides health education and support to first-time, low-income moms in Mecklenburg County. First-time mothers are enrolled no later than 28 weeks gestation and are partnered with specially-trained, registered nurses who conduct regular home visits until the child reaches age two. NFP is a national program with over thirty years of data from multiple randomized-controlled trials demonstrating the program’s proven effectiveness in breaking the cycle of poverty through ensuring a healthy pregnancy and positive maternal health outcomes, supporting healthy child development and improving the economic self-sufficiency of the family. The women who participate in NFP often have limited access to good parenting information or role models, which can make the transition to motherhood extremely challenging. The supportive relationship that each participant forms with her nurse and the wider Care Ring community is key to the program’s success. In addition to supporting moms through a healthy pregnancy and the birth of their first child, NFP teaches parenting and life skills that foster positive growth for both the mother and the child.

**Website:** [www.careringnc.org](http://www.careringnc.org)

**Contact Person:** Ursula Douglas  
**Phone Number:** 704-248-3701  
**Email Address:** udouglas@careringnc.org

### Name of Organization: Child Development-Community Policing

**Description:** Mecklenburg County’s Child Development-Community Policing Program offers a free & voluntary, immediate clinical trauma response to any child birth-18 referred by the Charlotte-Mecklenburg Police Department (CMPD), who has been a victim or witness to violence or other trauma. Specially trained children’s mental health clinicians are available to partner with CMPD officers at any time of the day or night, to provide an acute trauma intervention to children and families in crisis. The program began in 1996, serving one CMPD division, and today serves 7 of 13 response areas, with continued hopes to grow to serve all of Mecklenburg County’s children.

**Website:** [www.NCCEV.org](http://www.NCCEV.org)

**Contact Person:** Stacey Flaherty, LCSW  
**Phone Number:** 704-591-0061  
**Email Address:** Stacey.Flaherty@MecklenburgCountyNC.gov
**Building awareness and advocacy** | **Parent/family support** | **Community collaboration** | **Evidence-based practices** | **Workforce development - training and education** | **Early care and education** | **Research** | **Other**
---|---|---|---|---|---|---|---

**Name of Organization:** Charlotte Mecklenburg Schools’ Pre-K Programs  
**Name of Program:** Dare to be You  
**Description:** “Dare to be You” program (for parents with preschool-age children to strengthen protective factors) was implemented in Fall 2012 at Hickory Grove with six families taking part. CMS Pre-K Programs is collaborating with Anuvia Prevention & Recovery to provide DtbY next Fall at an NC Pre-K child care site.  
**Website:**  
**Contact Person:** Lissa Bowman  
**Phone Number:** 980-343-1006  
**Email Address:** lissa.bowman@cms.k12.nc.us

---

**Name of Organization:** Council for Children’s Rights  
**Description:** The Council fulfills its mission by working on issues important to children today and tomorrow. For children who have an immediate need or crisis, the Council intervenes on behalf of children via three teams: Children’s Defense Team, Custody Advocacy Program and Individual Advocacy Team. We provide attorneys, advocates and staff to protect the rights and interests of children who find themselves in need of a voice. We also connect children and their families with agencies and institutions that help them thrive. Through the work of the Larry King Center for Building Children’s Futures, the Council for Children’s Rights also looks out for the long-term well-being of children tomorrow by maximizing the effectiveness and impact of work being done for children by providers, agencies and funders, and helping to find long-term solutions to chronic problems affecting children in our community.  
**Website:** www.cfcrights.org  
**Contact Person:**  
**Phone Number:** 704-372-7961  
**Email Address:** info@cfcrights.org

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**Name of Organization:** Guiding Parents to Service  
**Description:** Guiding Parents to Service (GPS) is a free program for families of children (0-5) suspected of having or diagnosed with Autism Spectrum Disorder. Families are given answers about their child's puzzling differences, support during a stressful and confusing time, guidance to appropriate early intervention and encouragement to become the best advocates and teachers they can be. Parent Workshops and trainings are offered on a regular basis at ImaginOn and other locations. GPS provides information and training to professionals and providers on autism and related topics.  
**Website:** www.smartstartofmeck.org (click on GPS)  
**Contact Person:** Dianne Alexander  
**Phone Number:** 704-943-9416  
**Email Address:** dalexander@smartstartofmeck.org
<table>
<thead>
<tr>
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<th>Research</th>
<th>Other</th>
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<tbody>
<tr>
<td><strong>Name of Organization:</strong> Helping Outcomes for Parents of Exceptional Children-HOPE</td>
<td><strong>Description:</strong> HOPE is a non-profit organization established to support parents/guardians of children/adults with disabilities by building personal relationships, reducing stress, and connecting to the community. HOPE creates opportunities for parents to experience the joy of being together while exploring events in their community such as dinner, movies, concerts, sporting events, theaters, spa packages, as well as intimate getaways.</td>
<td><strong>Website:</strong> <a href="http://charmeck.org/mecklenburg/county/PSO/cds/Pages/default.aspx">http://charmeck.org/mecklenburg/county/PSO/cds/Pages/default.aspx</a></td>
<td><strong>Contact Person:</strong> Zondra Moss</td>
<td><strong>Phone Number:</strong> 828-243-6171</td>
<td><strong>Email Address:</strong> <a href="mailto:zmoss@parents4hope.com">zmoss@parents4hope.com</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name of Organization: Mecklenburg County CDSA (see page 48 for statewide CDSA network)</td>
<td><strong>Description:</strong> Mecklenburg County Children’s Developmental Services provides services for children birth to age three with (or at risk for) developmental delay or disability. A multidisciplinary staff works with families to address their needs concerns and priorities within the context of their daily routines and activities. LCSWs, LPAs, and Psychologists on staff to assist with behavioral and emotional concerns. Also work to strengthen parent/infant bond.</td>
<td><strong>Website:</strong> <a href="http://charmeck.org/mecklenburg/county/PSO/cds/Pages/default.aspx">http://charmeck.org/mecklenburg/county/PSO/cds/Pages/default.aspx</a></td>
<td><strong>Contact Person:</strong> Beth Haney</td>
<td><strong>Phone Number:</strong> 704-336-7130</td>
<td><strong>Email Address:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name of Organization: Mecklenburg County Children’s Developmental Services Agency (CDSA) (see page 48 for statewide CDSA network)</td>
<td><strong>Description:</strong> Mecklenburg County CDSA and Mecklenburg County Department of Social Services/Youth and Family Services are participating in a collaborative whereby any child birth to five is referred to Mecklenburg County CDSA for a developmental evaluation or screening if the child is found “In Need of Services” or there is a Substantiation of abuse or neglect by DSS. Affiliated with ZFive, the local young child mental health collaborative, this activity identifies and supports the developmental needs, particularly the social emotional needs, of this population of children and their families. The collaborative has been able to see many families that may otherwise not be aware of or have access to the services available to this population.</td>
<td><strong>Website:</strong> <a href="http://charmeck.org/mecklenburg/county/PSO/cds/Pages/default.aspx">http://charmeck.org/mecklenburg/county/PSO/cds/Pages/default.aspx</a></td>
<td><strong>Contact Person:</strong> Dr. John Ellis</td>
<td><strong>Phone Number:</strong> 704-336-7107</td>
<td><strong>Email Address:</strong> <a href="mailto:John.Ellis@mecklenburgcountync.gov">John.Ellis@mecklenburgcountync.gov</a></td>
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<tr>
<td>Name of Organization</td>
<td>ZFive Infant Mental Health Peer Consultation &amp; Case Review</td>
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<tr>
<td><strong>Description:</strong></td>
<td>ZFive Infant Mental Health Peer Consultation &amp; Clinical Case Review is a monthly clinical review and case discussion regarding Infant Mental Health in Mecklenburg County. Open to practitioners in the community who serve children 0-5 and are concerned about the mental health and social emotional development of developing infants, toddlers and very young children. Purpose: To expand understanding, appreciation, knowledge and awareness of the clinical issues involved in Infant Mental Health and to support the Mecklenburg community in enriching the quality of treatment services for infants, toddlers, very young children and their families. Who Should Attend: Infant Mental Health Therapists, Pediatricians, Medical Professionals, Clinicians, Students, Early Intervention Providers, Early Childhood Educators, Speech Therapists, Occupational Therapists, Physical Therapists, and any others who share an interest in the social emotional, behavioral and relationship development for infants and toddlers. <strong>Website:</strong> <a href="http://www.zfive.org/peerconsultation.cfm">http://www.zfive.org/peerconsultation.cfm</a></td>
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<tr>
<td>Contact Person</td>
<td>Anna Liersaph</td>
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<tr>
<td>Phone Number</td>
<td>704-336-3790</td>
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<tr>
<td>Email Address</td>
<td><a href="mailto:anna.liersaph@mecklenburgcountync.gov">anna.liersaph@mecklenburgcountync.gov</a></td>
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<tr>
<th>Name of Organization</th>
<th>Thompson Child and Family Focus</th>
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<tr>
<td><strong>Name of Program:</strong></td>
<td>The Polliwog Project (see page 51 for statewide Smart Start network)</td>
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<tr>
<td><strong>Description:</strong></td>
<td>The Polliwog Project, funded by Smart Start of Mecklenburg County, provides behavioral support for young children birth-five years of age with challenging behaviors in day care or preschool settings. We also provide Speech, Occupational and Physical Therapy for these young children who don’t qualify for other community services.</td>
</tr>
<tr>
<td>Website</td>
<td><a href="http://www.thompsoncff.org">www.thompsoncff.org</a></td>
</tr>
<tr>
<td>Contact Person</td>
<td>Shonta Walker</td>
</tr>
<tr>
<td>Phone Number</td>
<td>704-817-1607</td>
</tr>
<tr>
<td>Email Address</td>
<td><a href="mailto:ssmith@thompsoncff.org">ssmith@thompsoncff.org</a></td>
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<tr>
<th>Name of Organization</th>
<th>YMCA of Greater Charlotte</th>
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<tr>
<td><strong>Name of Program:</strong></td>
<td>YMCA-Parents as Teachers (PAT)</td>
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<tr>
<td><strong>Description:</strong></td>
<td>PAT increases parent knowledge of early childhood development and improves parenting practices, provides early detection of developmental delays and health issues, prevents child abuse and neglect and increases children’s school readiness and school success. PAT serves children 0-5 years. Now funded to serve only Latino families.</td>
</tr>
<tr>
<td>Website</td>
<td><a href="http://www.ymcacharlotte.org">www.ymcacharlotte.org</a></td>
</tr>
<tr>
<td>Contact Person</td>
<td>Pilar Pérez</td>
</tr>
<tr>
<td>Phone Number</td>
<td>704-589-0167</td>
</tr>
<tr>
<td>Email Address</td>
<td><a href="mailto:pilar.perez@ymcacharlotte.org">pilar.perez@ymcacharlotte.org</a></td>
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</table>
Name of Organization: ZFive Mentoring Program

Description: Clinicians participating in the mentoring program gain knowledge about the skills needed to work with children of this specific age and their families, as well as become acquainted with evidence based evaluations and therapeutic interventions for this population. The Mentorship lasts for six months and during that time, the participants attend a two and 1/2 day (16 hour) initial training on Infant and Young Child Mental Health which includes topics on how infant and young child mental health is different from mental health provision of older children, brain development, typical developmental of children ages Birth to Five, trauma and how it affects this age group and how to assess for trauma, attachment process, resiliency, comprehensive assessments, introduction to evidenced based treatment models such as Child Parent Psychotherapy, and ethics.

Over the six months the Mentees also meet with the ZFive Mentor every week for one hour for case consultations, ongoing training and at least one observation of their therapeutic interventions with a child aged Birth to 5 years. The Mentees also meet once a month as a group with the ZFive Mentor for group consultations and ongoing education and training.

Website: http://www.zfive.org/

Contact Person: G. Laverne Fesperman, MSW, LCSW
Phone Number: 704-589-4197
Email Address: Laverne1015@bellsouth.net

Name of Organization: Behavioral Pediatrics and Anxiety Disorders

Description: Behavioral Pediatrics and Anxiety Disorders----psychologist who deals with behavioral problems and mental issues of young children and young adults.

Website: www.preventchildabusenc.org

Contact Person: Ms. Donna Dillon Stout, PhD
Phone Number: 704-442-0083
Email Address:
### New Hanover County

<table>
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<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
<th>Community collaboration</th>
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**Name of Organization:** Easter Seals UCP ECOS *(see page 51 for statewide Smart Start network)*

**Description:** Easter Seals UCP Early Childhood Outreach Services provides Smart Start Intervention and Inclusion Services in licensed childcare programs in New Hanover County which supports the social and emotional needs of young children, birth to five years of age, with or at risk of developing behavioral or developmental special needs, through teacher education utilizing strategies from The Center for the Social and Emotional Foundations for Early Learning in the context of coaching/technical assistance inside the classroom and educational workshops.

**Website:** [www.eastersealsucp.com](http://www.eastersealsucp.com)

**Contact Person:** Ellyn Burke  
**Phone Number:** 910-392-7003  
**Email Address:** ellyn.deming@eastersealsucp.com

### Orange County

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<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
<th>Community collaboration</th>
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**Name of Organization:** KidSCope

**Description:** The KidSCope program operates in Orange and Chatham Counties, providing social-emotional health services for young children birth-five, including consultation in child care classrooms, Incredible Years parent education, inclusive child care, and trainings and resources for providers of young children.

**Website:** [http://chttop.org/Programs/KidSCope.html](http://chttop.org/Programs/KidSCope.html)

**Contact Person:** Linda Foxworth, Director  
**Phone Number:** 919-644-6590  
**Email Address:** lfoxworth@kidscope.chttop.org
### Name of Organization: Orange County Head Start/Early Head Start (see page 49 for statewide Head Start network)

**Description:** Training family services and home visiting staff (and their supervisors) on Motivational Interviewing strategies using a 2 day intensive plus 6 months of once-a-month group coaching sessions to enhance staff capacity to engage families

**Purpose:** Increase staff competency and confidence in facilitating positive changes with families we serve

**Supports:** Direct service staff in our HS/EHS program serving 230 children under 5

**Serves:** 230 children under 5 living in poverty and experiencing various levels of toxic stress.

**Website:** www.chtop.org

**Contact Person:** Ennis Baker, MSW, LCSW

**Phone Number:** 919-490-5577 x241

**Email Address:** ebaker@chtop.org

---

### Name of Program: Second Step All Stars

**Description:** Providing 6-week small group and individual social skills building intervention to preschool children demonstrating significant concerns in Protective Factors and/or Behavioral Concerns as measured by the DECA (completed by teacher), parent report and team observation using Second Step as curriculum.

Intervention provided by MSW Intern with supervision and support from program Mental Health Specialist (licensed early childhood social worker) at no additional cost to program. Intervention takes place in classroom and reinforces Second Step lessons already integrated into classroom routines by classroom teachers.

**Purpose:** Strengthening preschool children's protective factors and reducing behavior concerns

**Supports:** Head Start teachers in meeting the needs of all enrolled children

**Serves:** 25 - 30 Head Start 3-5 year-old children per year

**Website:** www.chtop.org

**Contact Person:** Ennis Baker, MSW, LCSW

**Phone Number:** 919-490-5577 x241

**Email Address:** ebaker@chtop.org
## Robeson County

<table>
<thead>
<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
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<th>Evidence-based practices</th>
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<th>Early care and education</th>
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### Name of Organization: RHCC-Grace Court

**Description:** 24-bed residential substance abuse facility for women with their children from 0-12 years old. SACOT, SAIOP, Family, Individual and group counseling available. Medicaid and state funded. In this two-year program, children ages 5 and over are offered clinical assessments, family, group and individual therapy. Children 5 and under are offered developmental assessments. Purpose is reunification in a safe healthy living environment to learn skills to sustain their recovery from substances, domestic violence, trauma and mental health issues. Goal is self-sufficiency which may include the educational or vocational endeavors.

**Website:**

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<tr>
<th>Contact Person:</th>
<th>Phone Number:</th>
<th>Email Address:</th>
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<tbody>
<tr>
<td>Shirley Williams</td>
<td>910-618-9912 x1204</td>
<td><a href="mailto:shirley_williams@rhcc1.com">shirley_williams@rhcc1.com</a></td>
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### Name of Organization: Robeson County Bridges for Families Program: NC Demonstration Project for EBP Implementation

**Description:** In 2007, the U.S. DHHS Administration on Children, Youth, and Families funded 53 regional partnership grants across the country with a goal to increase collaboration between child welfare, substance abuse treatment providers, the court system, and other health care agencies, in order to improve family well-being and reduce out-of-home placement for children. The North Carolina Department of Health and Human Services used the award to start the Robeson County Bridges for Families (RCBF) program, a collaborative effort between state and county leaders, families, the Lumbee Tribe, and other church and community members. Staff from local agencies—prevention specialists, treatment providers, social workers, and judges and court staff—attended training together in order to implement evidence-based practices such as the Strengthening Families Program, motivational interviewing, the Matrix Model of intensive outpatient treatment for methamphetamine abuse, Seeking Safety, and trauma-focused cognitive based therapy; as well as, family drug treatment court best practices.

**Website:**

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<th>Contact Person:</th>
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<tr>
<td>Wei Li Fang, PhD</td>
<td></td>
<td><a href="mailto:wei.li.fang@governorsinstitute.org">wei.li.fang@governorsinstitute.org</a></td>
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Building awareness and advocacy | Parent/family support | Community collaboration | Evidence-based practices | Workforce development - training and education | Early care and education | Research | Other
---|---|---|---|---|---|---|---

**Name of Organization:** Robeson Health Care Corporation

**Name of Program:** RHCC Migrant Health Outreach Program

**Description:** To improve access to health care for migrant and seasonal farmworkers and their family members.

**Website:** www.robesonhealthcare.com

**Contact Person:** Jose A. Miranda

**Phone Number:** 910-521-2816

**Email Address:** jose_miranda@rhcc1.com

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**Swain County**

Building awareness and advocacy | Parent/family support | Community collaboration | Evidence-based practices | Workforce development - training and education | Early care and education | Research | Other
---|---|---|---|---|---|---|---

**Name of Organization:** Analenisgi

**Description:** Analenisgi, behavioral health child and family team, a program of the Eastern band Cherokee Indians. Provides infant and early childhood psychotherapy, individual and family therapy for young members of the Cherokee nation and their families. The Analenisgi child and family team provides outpatient behavioral health services for Cherokee tribal members. Intake and assessment services are available at the main Analenisgi office. The team provides school based behavioral health services at Cherokee Central Schools, Dora Reed Head Start and special services at the Beloved Women’s Health Clinic.

The following are specialized services offered at the Beloved Women’s Clinic:

- Traumatic focused cognitive behavioral therapy: Assist children cope with the emotional effects of personal trauma.
- Child parent psychotherapy: For children 0-3 years old who have experienced family disruption or trauma. Referrals to this service come primarily from the Tribal Court Safe Babies program (formerly Zero To Three). The focus of this service is to support natural mothers in strengthening the parental bond and regaining custody of their children.
- Parent child interactive therapy: For parents of children 4-7 years old who are experiencing disruptive behavior at home or at school. Parents learn and practice positive parenting skills in a clinical coaching setting.

**Website:** www.alamancesoc.org

**Contact Person:** Ralph Murphy

**Phone Number:** 828-554-6542

**Email Address:** ralpwrig@nc-cherokee.com
**Name of Organization:** Family Services in Indian Country-Cherokee Court

**Name of Program:** Safe Babies Court Program

**Description:** Safe Babies Court Program (formerly ZERO TO THREE court), served families involved in the court system who have child age 0-3 and dealing with the maltreatment of infants and toddlers. The goal is to expedite services to the family reducing the time to permanency for family reunification and/or permanent kinship placement/adoption. Many supportive services are put into court orders to ensure progression of services.

Safe Babies Program is held in court on a monthly basis. Court Team Meetings with area service providers are also held monthly to share resources, advocacy efforts and gaps in service.

**Website:**

**Contact Person:** Tina Saunooke

**Phone Number:** 828-554-6213

**Email Address:** tinasun@nc-cherokee.com

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**Wake County**

**Name of Organization:** DeNome Alliances Counseling Center

**Description:** DeNome Alliances Counseling Center provides office-based behavioral and mental therapy counseling. They also have therapists that specialize in Pediatric Counseling working with children from birth-5 years old. These therapists utilize Parent-Child Interaction Therapy, Play Therapy, and Positive Parenting Techniques. Certified in TheraPlay. Spanish-speaking therapist available. Locations in Raleigh and Holly Springs.

**Website:** www.denome-alliances.com

**Contact Person:** Sarah DeNome

**Phone Number:** 919-521-5372

**Email Address:** info@denome-alliances.com
<table>
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<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
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**Name of Organization:** Esteem Builders  
**Description:** Esteem Builders is a comprehensive resource for building helping self-esteem in yourself and promoting a healthy self-esteem in others. The website provides information on self-esteem as well as tools, resources, and activities to improve self-esteem. The resources are continually adding new tools and activities for the public to download and utilize. Helpful for parents, teachers, providers, and anyone wanting to join the movement to creating a world of people with healthy self-esteem.  
**Website:** www.myesteemteam.com

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<th>Contact Person:</th>
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<tr>
<td>Sarah DeNome</td>
<td></td>
<td>info@myesteemteam</td>
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<th>Building awareness and advocacy</th>
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<th>Early care and education</th>
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**Name of Organization:** Lucy Daniels Center  
**Name of Organization:** Project SEED  
**Description:** The Lucy Daniels Center in Wake County implements Project SEED (Social and Emotional Early Development) for quality child care. The 3-year grant is funded by the John Rex Endowment. Wake County SmartStart supports the project through evaluation and support in identification of eligible facilities. Each facility is allowed a choice of evidence-based practices in social and emotional development for child care facilities. Mentors of Project SEED train, provide consultation and support both directors and teaching staff in 4- and 5-star centers. Wake County SmartStart also drives the quality of child care as defined by teacher-child interactions through our community's child care subsidy quality supplement.  
**Website:** www.wakesmartstart.org

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<th>Contact Person:</th>
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<tbody>
<tr>
<td>Anna Troutman</td>
<td>919-851-9550</td>
<td><a href="mailto:atroutman@wakesmartstart.org">atroutman@wakesmartstart.org</a></td>
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</table>
### SecurePath

**Name of Organization:** Lucy Daniels Center  
**Name of Program:** SecurePath  
**Description:** This activity will serve children 0 - 5 years of age, not yet in kindergarten, with significant social/emotional/family concerns. Services are generally provided in the home or at child care. The services are intensive and may be long term depending on the case. The service is flexible, adapted to the needs of the family, but relying upon evidence-based and best practices models including parent counseling and skill development, dyadic (parent-child) guided therapies, and school consultation and guidance. The program seeks to address parental concerns and increase children's ability to succeed in Kindergarten and subsequent schooling.

- **Who it serves:** children 0-5 years old living in Wake County with significant social/emotional/family concerns and their families.
- **What the program involves:** Assessment of child and family mental health needs; establishment with family of a treatment plan; implementation of treatment plan typically including some combination of parent counseling, parent-child therapy, play therapy for child, consultation with child care personnel; consultation and coordination with other professionals and agencies providing service; casework support; referral for necessary evaluations and services; and transition planning.

**Website:** [http://www.lucydanielscenter.org/page/securepath](http://www.lucydanielscenter.org/page/securepath)

**Contact Person:** Don Rosenblitt or Sarah Stevens  
**Phone Number:** 919-677-1400  
**Email Address:** drosenblitt@lucydanielscenter.org

### Project Enlightenment

**Name of Organization:** Project Enlightenment

**Description:** Project Enlightenment, an early childhood education program in the Wake County Public School System, offers an array of programs that foster the healthy development of children ages birth through kindergarten. Programs include: developmental screenings, classroom consultations, parent counseling, Parents As Teachers home visiting, kindergarten readiness, demonstration preschool classrooms, parent and teacher workshops, and a parent/teacher resource center.

**Website:** [projectenlightenment.wcpss.net](http://projectenlightenment.wcpss.net)

**Contact Person:** Dr. Cynthia Chamblee  
**Parent Teacher Resource Center**  
**Parent Workshops**  
**Teacher Workshops**

**Phone Number:**
- 919-856-2925
- 919-856-7804
- 919-856-8186
- 919-856-7805

**Email Address:** cchamblee@wcpss.net
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**Name of Organization:** Quality Maintenance - CLASS tool  
**Description:** Improving teacher child interaction using the CLASS tool to assess needs, provide technical assistance and determine impact in the Emotional Support domain of the CLASS. On-site consultation will be provided by Quality Maintenance Teams for licensed four to five star facilities in Wake County that are to be re-licensed within 12 months and have at least one child receiving subsidy. Quality Maintenance Teams will provide on-site Environmental Rating Scale training and mock classroom assessments in a sample of classrooms. Facilities having at least 25 or 25% of children receiving subsidy will be eligible to receive additional weekly on-site consultation and support.  
**Website:** [http://wakesmartstart.org/index.php/partners/agencies/wcss/](http://wakesmartstart.org/index.php/partners/agencies/wcss/)

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<tr>
<th>Name of Organization: Quality Maintenance - CLASS tool</th>
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<tbody>
<tr>
<td><strong>Contact Person:</strong> Elizabeth Santana</td>
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<tr>
<td><strong>Phone Number:</strong> 919-851-9550</td>
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<td><strong>Email Address:</strong> <a href="mailto:esantana@wakesmartstart.org">esantana@wakesmartstart.org</a></td>
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**Name of Organization:** Salvation Army, Inc.  
**Name of Program:** Project CATCH - (Community Action Targeting Children who are Homeless)  
**Description:** Project CATCH - (Community Action Targeting Children who are Homeless): support to children and families that we serve who are homeless Screening for mental health concerns and referral to appropriate services.  
**Website:** www.KeepTheBellRinging.org

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<tr>
<td><strong>Website:</strong> <a href="http://www.KeepTheBellRinging.org">www.KeepTheBellRinging.org</a></td>
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<tr>
<td><strong>Contact Person:</strong> Peter Donlon</td>
</tr>
<tr>
<td><strong>Phone Number:</strong> 919-834-6733 x206</td>
</tr>
<tr>
<td><strong>Email Address:</strong> <a href="mailto:peter.donlon@uss.salvationarmy.org">peter.donlon@uss.salvationarmy.org</a></td>
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<th>Early care and education</th>
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**Name of Organization:** Wake County SmartStart  
**Description:** Wake County is a resource-rich community but the sheer numbers of low income families in our community require efficient use of these resources. In March 2012 the Wake County Local Interagency Coordinating Council evaluated community need and planned for the integration of home based services. A grant for implementation has been submitted. If successful, Wake County SmartStart will implement the integration project beginning in April 2013.  
**Website:** www.wakesmartstart.org

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<thead>
<tr>
<th>Name of Organization: Wake County SmartStart</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong> Wake County is a resource-rich community but the sheer numbers of low income families in our community require efficient use of these resources. In March 2012 the Wake County Local Interagency Coordinating Council evaluated community need and planned for the integration of home based services. A grant for implementation has been submitted. If successful, Wake County SmartStart will implement the integration project beginning in April 2013.</td>
</tr>
<tr>
<td><strong>Website:</strong> <a href="http://www.wakesmartstart.org">www.wakesmartstart.org</a></td>
</tr>
<tr>
<td><strong>Contact Person:</strong> Anna Troutman</td>
</tr>
<tr>
<td><strong>Phone Number:</strong> 919-851-9550</td>
</tr>
<tr>
<td><strong>Email Address:</strong> <a href="mailto:atroutman@wakesmartstart.org">atroutman@wakesmartstart.org</a></td>
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### Watauga County

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<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
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<th>Evidence-based practices</th>
<th>Workforce development - training and education</th>
<th>Early care and education</th>
<th>Research</th>
<th>Other</th>
</tr>
</thead>
</table>

**Name of Organization:** Parent to Parent Family Support Network of the High Country

**Description:** Parent to Parent is a volunteer organization started by Kaaren Hayes who has a child with disabilities and wanted to share her experiences with other parents, and gain valuable insight from the experiences of other parents. She sends out a monthly email newsletter that can be found at [www.Parent2Parent.appstate.edu/](http://www.Parent2Parent.appstate.edu/)

**Website:** parent2parent.appstate.edu

<table>
<thead>
<tr>
<th>Contact Person:</th>
<th>Phone Number:</th>
<th>Email Address:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kaaren Hayes</td>
<td>828-262-6089, 866-812-3122 (toll free)</td>
<td><a href="mailto:hayeskl@appstate.edu">hayeskl@appstate.edu</a></td>
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### Wayne County

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<th>Research</th>
<th>Other</th>
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</thead>
</table>

**Name of Organization:** WISH (Wayne Initiative For School Health) Clinic

**Description:** W.I.S.H. was developed in the late 1990’s to respond to the overwhelming number of children in Wayne County who did not have health insurance. The overall objective of W.I.S.H. is to provide a range of health care services to students who might not have access to them otherwise. Placement of the “WISH Centers” is largely based on the need of the students at various schools. In order to effectively reach many of the uninsured children and adolescents, health centers were set up at some of the schools where the need for such a program was the greatest. Because the W.I.S.H. centers are not-for-profit organizations, they do not turn away any students because of lack of health insurance or lack of payment.

Each W.I.S.H. center location is open every day that school is in session, during school hours. Goldsboro Pediatrics serves as the on-call pediatric practice for the W.I.S.H. centers, assisting students with their medical needs after hours or on weekends. The centers are run by a medical director, and are staffed full-time with registered nurses, physician’s assistants, nurse practitioners, and mental health counselors. This team of healthcare providers is licensed to give medical evaluations, diagnose minor injuries and illnesses, update immunizations, provide counseling and mental health services, and perform routine dental screenings. In addition to these primary healthcare services, the W.I.S.H. centers bring in registered dieticians and other health educators from partnering organizations to provide information to students about healthy eating habits, stress management, substance abuse prevention, routine exercise, the important of abstinence, and other issues that are relevant to adolescents and teens.


<table>
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<th>Contact Person:</th>
<th>Phone Number:</th>
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<tr>
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<th>Other</th>
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</thead>
</table>

**Name of Organization:** Orange/Chatham Early Childhood Mental Health Task Force

**Description:** Reinvigorated a multidisciplinary group of professionals in Orange & Chatham Counties who care about early childhood mental health and named ourselves "Orange/Chatham Early Childhood Mental Health Task Force".

Our mission is: “To support the social, emotional, and mental health needs of children under 5 in Orange & Chatham Counties through advocacy, awareness, collaboration & evidence-based practice”. We meet monthly and are open to anyone. We use the recommendations from the 2012 NC Institute of Medicine Report "Growing Up Well" combined with our knowledge of local resources and barriers to network, support each other's work and develop and carry out effective action steps.

**Website:**

**Contact Person:** Ennis Baker, MSW, LCSW
**Phone Number:** 919-490-5577 x241
**Email Address:** ebaker@chtop.org

<table>
<thead>
<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
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</table>

**Name of Organization:** Region 13 - Child Care Resources Inc.(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)

**Description:** Covers Chatham, Lee, Harnett, Johnston, and Wayne counties.

Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** www.childcareresourcesinc.org

**Contact Person:** Ann Carter, Behavior Specialist
**Phone Number:** 949-542-6644
**Email Address:** ann@childcarenetworks.org
### Central Territory - Child Care Resources Inc.

**Name of Organization:** Central Territory - Child Care Resources Inc. (see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)

**Description:** Covers Rowan, Cabarrus, Stanly, Mecklenburg, Union, Anson, Montgomery, Richmond, Moore, Scotland, Hoke, Robeson, Cumberland, Columbus, Brunswick, New Hanover, Bladen, Sampson, Duplin, Pender, Chatham, Lee, Harnett, Johnston and Wayne counties.

Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** www.childcareresourcesinc.org

**Contact Person:**

**Phone Number:**

**Email Address:**

---

### Eastern Territory - Child Care Resources Inc.

**Name of Organization:** Eastern Territory - Child Care Resources Inc. (see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)


Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** www.childcareresourcesinc.org

**Contact Person:** Pam Pace, education Specialist

**Phone Number:** 704-431-7340

**Email Address:** ppace@childcareresourcesinc.org
### Name of Organization: Region 2 - Child Care Resources Inc. *(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)*

**Description:** Covers Tyrrell, Washington, Craven and Pamlico counties. 
Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

**Contact Person:** Sonia Sumner, Behavior Specialist  
**Phone Number:** 252-675-5704  
**Email Address:** SSumner@cravensmartstart.org

### Name of Organization: Transformation Zone - Child Care Resources Inc. *(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)*

**Description:** Covers Bertie, Chowan, Hyde and Beaufort counties. 
Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

**Contact Person:** Ashley Singleton, Behavior Specialist  
**Phone Number:** 252-675-0149  
**Email Address:** ashley@cravensmartstart.org
## High Country

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**Name of Organization:** Blue Mountain Center  
**Description:** A collaborative of health and wellness professionals, all licensed/certified in their areas of expertise, offering a range of choices in mainstream and complementary/alternative services, so that clients may benefit from a more complete healing experience. Services include many types of counseling/psychotherapy; body-centered therapies such as massage & bodywork, yoga, and Healing Touch; and a variety of wellness and education programs. Specifically in the area of infant/young child mental health, we offer couple/marital enrichment, support & planning for expectant parents, psychotherapy and interventions for pre-natal and post-partum mood disorders, parenting support & education, parent-child relationship therapy, and play therapy for children. We offer assistance with smoking cessation and address other parental addiction issues; and teach effective self-calming or stress management skills for children and parents. We are actively involved in community collaboration and networking coalitions and events, especially relating to children's & family services. Sliding scale fee for all counseling services, supervised graduate counseling students available for free and low cost services.

**Website:** bluemountaincenternc.com  
**Contact Person:** Suzi Woodard, LPC  
**Phone Number:** 828-964-3674  
**Email Address:** bluemountaincenternc@gmail.com

## Mecklenburg and Surrounding Counties

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**Name of Organization:** Carolina Parenting Solutions, PLLC  
**Description:** Carolina Parenting Solutions, PLLC, is a specialty private practice serving children from birth to eight years old through a unique home visiting therapy model. We offer Infant Mental Health Services and Young Child & Family therapy services by specially trained and experienced licensed professionals. We serve the Greater Charlotte, North Carolina area and surrounding counties. We currently have 15 Child & Family Therapists (Licensed Clinical Social Workers, Licensed Professional Counselor and Licensed Psychologist) and 3 Early Intervention Specialists providing Community Based Rehabilitation Services as part of our contractual services with North Carolina Early Intervention Program. We currently serve over 400 children and their families weekly.

**Website:** www.carolinaparentingsolutions.com  
**Contact Person:** Carrie Reinecke, MSW, LCSW  
**Phone Number:** 704-718-8657  
**Email Address:** carrie@carolinaparentingsolutions.com
### Region 11 - Child Care Resources Inc.

**Name of Organization:** Region 11 - Child Care Resources Inc. (see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)

**Description:** Covers Rockingham, Guilford and Randolph counties.
Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

**Contact Person:**
- Hortense Lucas, Behavior Specialist
- Margaret Ufot, Behavior Specialist

**Phone Number:**
- 336-404-3670
- 336-383-9839

**Email Address:**
- hortense@GuilfordChildDev.org
- Margaret@guildfordchilddev.org

### Region 12 - Child Care Resources Inc.

**Name of Organization:** Region 12 - Child Care Resources Inc. (see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)

**Description:** Covers Caswell, Alamance, Person, Orange, Durham, Granville, Wake, Vance and Franklin counties.
Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

**Contact Person:**
- Gwen Howell-Adair, Behavior Specialist
- Deb Kalwat, Behavior Specialist
- Dinah Arthur, Behavior Specialist
- Vicki Weiss, Behavior Specialist

**Phone Number:**
- 919-967-3272
- 336-314-0293
- 919-616-2261
- 919-270-0980

**Email Address:**
- gwenh@childcareservices.org
- deborahk@childcareservices.org
- dinaha@childcareservices.org
- vickiw@childcareservices.org
**Northeast**

<table>
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<tr>
<th>Building awareness and advocacy</th>
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**Name of Organization:** Region 1 - Child Care Resources Inc. *(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)*

**Description:** Covers Northampton, Herford, Gates, Currituck, Camden, Pasquotank, Dare and Perquimans counties. Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

**Contact Person:** Kari Stringer, Behavior Specialist  
**Phone Number:** 252-333-3206  
**Email Address:** kswift-stringer@albemarlessp.org

<table>
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**Name of Organization:** Region 14 - Child Care Resources Inc. *(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)*

**Description:** Covers Warren, Nash, Wilson, Halifax and Edgecombe counties. Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

**Contact Person:** Lori Carver, Behavior Specialist  
**Phone Number:** 252-985-4300 x215  
**Email Address:** lcarver@depc.org
### Northwest

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</table>

#### Name of Organization: Region 9 - Child Care Resources Inc.

**Description:** Covers Yancey, McDowell, Burke, Mitchell, Avery, Caldwell, Watauga, Alexander and Iredell counties.

Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

**Contact Person:**
- Rhonda Hamby, Behavior Specialist

**Phone Number:** 704-929-3980

**Email Address:** rhamby@icpyc.org

#### Name of Organization: Region 10 - Child Care Resources Inc.

**Description:** Covers Ashe, Wilkes, Alleghany, Surry, Stokes, Yadkin, Davie, Forsyth and Davidson counties.

Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

**Contact Person:**
- Renae Lingafelt-Beeker, Behavior Specialist

**Phone Number:** 336-761-5100 x1010

**Email Address:** Rbeeker@ccrr.org
### Piedmont

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**Name of Organization:** Family Service of the Piedmont  
**Name of Program:** Incredible Years Parenting Program  
**Description:** The Incredible Years parent training intervention is a an evidence based series of programs focused on strengthening parenting competencies (monitoring, positive discipline, confidence) and fostering parents' involvement in children's school experiences in order to promote children's academic, social and emotional competencies and reduce conduct problems. Parents with children elementary school age is the target population for this group. Fairview Family Resource Center also offers a variety of other programs that serve the community's needs.  
**Website:** [http://www.familyservice-piedmont.org/family-development/frc](http://www.familyservice-piedmont.org/family-development/frc)  
**Contact Person:** Andrea Dalporto  
**Phone Number:** 336-882-8907  
**Email Address:** Andrea.Dalporto@fspcares.org

### South

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**Name of Organization:** Region 5 - Child Care Resources Inc.(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)  
**Description:** Covers Montgomery, Moore, Hoke, Cumberland, Robeson, Scotland, Richmond and Anson counties. Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.  
**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)  
**Contact Person:** L'Tanya Stancil, Behavior Specialist  
**Phone Number:** 910-867-9700 x2224  
**Email Address:** lstancil@ccpfc.org
### Southeast

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**Name of Organization:** Family Support Network of Southeastern NC Inc.

**Description:** Provides emotional and educational support to parents who have children with special needs. We provide a support group and information at a weekly session in the New Hanover Regional Medical center for parents whose baby is in the neonatal intensive care unit. This is facilitated by a trained support parent who has also had the experience of having a child in the NICU.

**Website:** fsnnrc.org

**Contact Person:** Sheryl Ewing or Tina Ivins  
**Phone Number:** 910-792-6133  
**Email Address:** fsnsoutheastern@gmail.com

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### Region 3 - Child Care Resources Inc.

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**Name of Organization:** Region 3 - Child Care Resources Inc. *(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)*

**Description:** Covers Martin, Pitt, Greene, Lenoir, Jones, Carteret and Onslow counties. Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** www.childcareresourcesinc.org

**Contact Person:** Kyndra Boyette, Behavior Specialist  
**Phone Number:** 252-758-8885 x233  
**Email Address:** KBoyette@mppfc.org

---

### Region 4 - Child Care Resources Inc.

<table>
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**Name of Organization:** Region 4 - Child Care Resources Inc. *(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)*

**Description:** Covers Sampson, Duplin, Pender, new Hanover, Brunswick, Columbus and Bladen counties. Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** www.childcareresourcesinc.org

**Contact Person:** Jesse Norris, Behavior Specialist  
**Phone Number:** 910-642-7141 x465  
**Email Address:** Jesse.norris@sccnc.edu
### Southwest

**Name of Organization:** Partners Behavioral Health Services

**Description:** Partners Behavioral Health Management serving Gaston, Lincoln and Cleveland County. A screening, triage and referral to providers of publicly funded behavioral health services.

**Website:** [www.partnersbhm.org](http://www.partnersbhm.org)

<table>
<thead>
<tr>
<th>Contact Person:</th>
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<th>Email Address:</th>
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<tr>
<td></td>
<td>1-877-864-1454</td>
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**Contact Person:**

- Erin Bracey, Behavior Specialist
- Debbie Johnson, Behavior Specialist
- Sheri Moroe, Behavior Specialist

**Phone Number:**

- 704-376-6697 x109
- 704-376-6697 x107
- 704-376-6697 x353

**Email Address:**

- ebracey@childcareresourcesinc.org
- djohnson@childcareresourcesinc.org
- smoroe@childcareresourcesinc.org

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**Name of Organization:** Region 6 - Child Care Resources Inc. *(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)*

**Description:** Covers Rowan, Stanly, Cabarrus, Mecklenburg and Union counties. Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

<table>
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<th>Contact Person:</th>
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<tr>
<td>Erin Bracey, Behavior Specialist</td>
<td>704-376-6697 x109</td>
<td><a href="mailto:ebracey@childcareresourcesinc.org">ebracey@childcareresourcesinc.org</a></td>
</tr>
<tr>
<td>Debbie Johnson, Behavior Specialist</td>
<td>704-376-6697 x107</td>
<td><a href="mailto:djohnson@childcareresourcesinc.org">djohnson@childcareresourcesinc.org</a></td>
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<tr>
<td>Sheri Moroe, Behavior Specialist</td>
<td>704-376-6697 x353</td>
<td><a href="mailto:smoroe@childcareresourcesinc.org">smoroe@childcareresourcesinc.org</a></td>
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Name of Organization: Region 7 - Child Care Resources Inc. *(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)*

**Description:** Covers Catawba, Lincoln, Gaston and Cleveland counties.
Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

**Contact Person:** Pam Sigmon, Behavior Specialist
**Phone Number:** 704-487-7397
**Email Address:** hsb@ccchildcareconnections.org

**Triangle**

Name of Organization: Carolina Outreach, LLC

**Description:** Carolina Outreach, LLC now provides mental health services to young children ages 3-6. Outpatient therapy and Intensive In-Home services are available to address a range of mental health needs. Treatment is focused on the parent-child relationship and may include Parent Child-Interaction Therapy, a well-researched, evidence-based intervention.

**Website:** [www.carolinaoutreach.com](http://www.carolinaoutreach.com)

**Contact Person:** Halley M Carmack, MSW, LCSWA
**Phone Number:** 919-251-9001 x136
**Email Address:** halleycarmack@carolinaoutreach.com
<table>
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<th>Early care and education</th>
<th>Research</th>
<th>Other</th>
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</table>

**Name of Organization:** FAN (Family Advocacy Network) a program under Mental Health America of the Triangle

**Name of Program:** Common Sense Parenting Training

**Description:** "Common Sense Parenting Training" for parents with children of all ages. Common Sense Parenting is a practical, skill-based parenting program that can be applied to every family. The program's logical strategies and easy-to-learn techniques address issues of communication, discipline, decision making, relationships, self-control and school success.

Common Sense Parenting, offers training for parents who want to build on their existing skills or learn new ways of dealing with their children's difficult behaviors. CSP adapts Boys Town's proven child-care methods for troubled children to meet the needs of just about any family. A six-session workshop (12 hours total) allows parents to learn, practice and demonstrate new parenting skills. These skills will enable them to learn to nurture their children's development and combine affection and discipline to decrease their children's negative behaviors and increase their positive behaviors.

**Website:** www.mhatriangle.org

**Contact Person:**
Linda Boldin

**Phone Number:** 919-942-8083 x2

**Email Address:** linda@mhatriangle.org

<table>
<thead>
<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
<th>Community collaboration</th>
<th>Evidence-based practices</th>
<th>Workforce development - training and education</th>
<th>Early care and education</th>
<th>Research</th>
<th>Other</th>
</tr>
</thead>
</table>

**Name of Organization:** Greta Zuck

**Description:** Completed Level 1 training in Theraplay. Theraplay has recently been elevated to a #3 promising practice.

**Website:** www.drgretazuck.com or visit www.theraplay.org

**Contact Person:**
Greta Zuck, PhD, LPCS, RPT-S

**Phone Number:** 919-784-0205 x2

**Email Address:** zuckphd@gmail.com

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**Name of Organization:** Learning Together, Inc.

**Description:** Learning Together provides inclusive center-based early education/preschool services to children 18 months - 6 years - five classrooms (one is structured teaching) in their own site and five classrooms in partnership with Telamon Head Start (2 in Knightdale, 2 in Raleigh and 1 in Cary). We are known for working with children with behavioral issues.

The Child Mental Health Initiative serves children birth to 8 years with serious social, emotional and behavioral concerns as well as clinical mental health issues and their families with individual, group and family therapy. Both programs serve Wake County.

**Website:** www.learningtogether.org

**Contact Person:**
Nell G. Barnes, Ed.D.

**Phone Number:** 919-856-5202

**Email Address:** nell@learningtogether.org
West

Name of Organization: CDSA of WNC (see page 48 for statewide CDSA network)

Description: Children's Developmental Services Agencies across NC provide evaluation, ongoing assessment, and interventions to address delays in social and emotional health of children birth to age three years.

Website:

Contact Person: Maggie Panther, Director
Phone Number: 828-251-6091
Email Address: maggie.panther@dhhs.nc.gov

Name of Organization: Jackson/Haywood/Macon County Psychological Services

Description: JCPS provides outpatient, school and child care based mental health services to children and their families. Serving children and families aged birth to 21 in the western counties of Buncombe, Haywood, Jackson and Macon, JCPS has a specialized program for children and families Birth toive. Prenatal and pregnancy support are also provided with a focus on developing parental knowledge and strengthening the parent child relationship.

Website: www.jacksoncountyps.org

Contact Person: Heather Ulrich, PH.D.
Phone Number: 828-456-2997
Email Address: hulrich@jacksoncountyps.org

Name of Organization: Mountain area Child and Family Early Head Start (see page 49 for statewide Head Start network)

Description: Mountain Area Child and Family Center is an early learning program of distinction where young children thrive, families flourish, and early childhood professionals excel.

Website: http://www.macfc.org/

Contact Person: Laura Martin
Phone Number: 828-298-0808
Email Address: L.Martin@macfc.org
<table>
<thead>
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<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
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**Name of Organization:** Region 8 - Child Care Resources Inc. *(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)*

**Description:** Covers Cherokee, Clay, Graham, Swain, Macon, Jackson, Transylvania, Haywood, Madison, Buncombe, Henderson, Polk and Rutherford counties.
Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** www.childcareresourcesinc.org

**Contact Person:** Melissa Maybin, Behavior Specialist  
**Phone Number:** 828-252-5038  
**Email Address:** Maybin.melissa@swcdcinc.org

<table>
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<th>Building awareness and advocacy</th>
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**Name of Organization:** Western Territory - Child Care Resources Inc. *(see Child Care Resources Inc. in Statewide section, pg. 47, for more details on Statewide HBS project)*

**Description:** Covers Cleveland, Gaston, Lincoln, Catawba, Rutherford, Polk, Henderson, Buncombe, Madison, Haywood, Transylvania, Jackson, Swain, Macon, Clay, Graham, Cherokee, Yancey, McDowell, Burke, Mitchell, Avery, Watauga, Caldwell, Alexander, Iredell, Ashe, Alleghany, Wilkes, Yadkin, Surry, Stokes, Forsyth, Davie, Davidson, Rockingham, Guilford and Randolph counties.
Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

**Website:** www.childcareresourcesinc.org

**Contact Person:**** Phone Number:**  
**Email Address:**
### Statewide

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<th>Building awareness and advocacy</th>
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</table>

**Name of Organization:** Care Coordination for Children (CC4C)

**Description:** Care Coordination for Children is an at-risk population management program that serves children birth through 5 years of age who meet certain risk criteria. The main goals of the program are to improve health outcomes and reduce consist for enrolled children. Care Coordination for Children is primarily provided through your local Health Department.

**Website:**
- NC Dept. of Medical Assistance: [www.ncdhhs.gov/dma/medicaid/csc.htm](http://www.ncdhhs.gov/dma/medicaid/csc.htm)
- Community Care of NC: [www.communitycarenc.org/emerging-initiatives/carecoordination-children-cc4c/](http://www.communitycarenc.org/emerging-initiatives/carecoordination-children-cc4c/)

**Contact Person:**

**Phone Number:**

**Email Address:**

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</table>

**Name of Organization:** Child Care Resources Inc.

**Description:** Promoting Healthy Social Behaviors in Child Care Centers is an initiative of the NC Resource & Referral Council funded by the NC Division of Child Development and Early Education for the specific purpose of assisting teachers and administrators in child care centers across our state to understand the importance of social-emotional development in young children and to actively support that development.

A cadre of Behavior and Education Specialists across NC work to:
- provide specialized consultation, technical assistance and learning events focused on identifying, preventing, and addressing challenging behaviors
- promote social competencies
- help teachers determine strategies to teach socially appropriate behaviors
- enhance classroom management techniques and promote pro-social behaviors
- provide educational resources throughout NC communities.

Technical assistance services are provided in licensed child care centers at no charge, while very minimal registration fees help cover costs for learning events.

**Website:** [www.childcareresourcesinc.org](http://www.childcareresourcesinc.org)

**Contact Person:** Smokie Brawley

**Phone Number:** 704-376-6697 x371

**Email Address:** sbrawley@childcareresourcesinc.org
**Name of Organization:** Child Care Services Association

**Description:** The NC Infant Toddler Enhancement Project is a statewide initiative of the NCCCR&R Council funded by the Division of Child Development and Early Education (DCDEE) since 2004. A statewide team of Infant Toddler Specialists provide training and technical assistance to child care programs and their staff who serve infants and toddlers. In addition to other activities, the team offers social-emotional focused training (workshops and CEUs) and on-site technical assistance based on the CSEFEL Pyramid Model. Our goal is to improve the quality of infant toddler care by providing these and other supports to program staff.

All of the project specialists have at least a BA/BS in Early Childhood Education or related field, experience in programs serving infants and toddlers and their families, and complete Program for Infant Toddler Care (PITC) Trainer Certification and receive training in the Pyramid Model as part of their ongoing professional development. Our work was described in a recent article in the NCIMHA newsletter.

**Website:**
**Contact Person:** Lanier DeGrella, Project Manager
**Phone Number:** 919-967-3272
**Email Address:** lanierd@childcareservices.org

---

**Name of Organization:** Children’s Developmental Services Agency (CDSA)

**Description:** Local Children’s Developmental Services Agencies are available to help families, caregivers, and professionals serve children with special need thorough the Infant Toddler Program.

**Website:** Find your local CDSA at: [www.beeearly.nc.gov/index.php/contact/cdsa](http://www.beeearly.nc.gov/index.php/contact/cdsa)

**Contact Person:** Deborah Carroll, PhD, State Director
**Phone Number:** 919-707-5220
**Email Address:**

---

**Name of Organization:** Early Development Project

**Description:** If you know someone with a child that is about to turn 1, encourage them to look for, fill out, and send back their First Year Inventory! The Early Development Project at UNC is sending the FYI (First Year Inventory) to several counties across NC. This research study is testing the FYI as a screening tool for earlier detection of Developmental Delays and Autism. Half of the families enrolled in our study also receive 8 months of free Early Intervention services.

**Website:** [http://www.med.unc.edu/ahs/pearls/research/early-development-project](http://www.med.unc.edu/ahs/pearls/research/early-development-project)

**Contact Person:** Christene Tashjian
**Phone Number:** 919-843-5140
**Email Address:** Tashjian@med.unc.edu
<table>
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</table>

**Name of Organization:** Family, Infant and Preschool Program

**Description:** The Family, Infant and Preschool Program (FIPP) Center for the Advanced Study of Excellence (CASE) in Early Childhood and Family Support Practices is one of 20 National Centers of Excellence in Early Childhood. FIPP North Carolina State is research and training institute focused on the development and implementation of research-based and informed early childhood intervention practices, including mental health supports, for children (ages birth to 5 years), families, and women who are pregnant. FIPP staff members provide training and support to local and statewide early childhood programs and practitioners as well as other countries, states, programs, and agencies nationally and internationally regarding practices that promote practitioners’ and parents' adoption and use of early childhood practices informed by research findings. In addition research and training, FIPP staff provides direct support to children and their families including the I Parent capacity-building parenting education program in Alexander, Burke, Caldwell, Catawba, and McDowell counties in western North Carolina.

Direct link to our training brochure -
http://www.fipp.org/Collateral/Brochures/English/FIPP%20Professional%20Development%20Brochure%202013_Web.pdf

**Website:** http://www.fipp.org/

**Contact Person:** Sarah Sexton

**Phone Number:** 828-430-7962

**Email Address:** frances.a.davis@dhhs.nc.gov

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</table>

**Name of Organization:** Head Start

**Description:** Head Start is a federal preschool program that promotes the school readiness of children ages birth to five from low-income families by enhancing their cognitive, social, and emotional development.

**Website:** Find your local head Start program at:
http://ncchildcare.dhhs.state.nc.us/general/mb_headstart.asp

**Contact Person:**

**Phone Number:**

**Email Address:**
<table>
<thead>
<tr>
<th>Name of Organization</th>
<th>Description</th>
<th>Website</th>
<th>Contact Person</th>
<th>Phone Number</th>
<th>Email Address</th>
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<tbody>
<tr>
<td>Local Mental Health, Developmental Disabilities and substance Abuse Services</td>
<td>LME/MCO’s provide referral to and oversight of local mental health, developmental disabilities and substance abuse services for children 3 years of age and older as well as adults.</td>
<td><a href="http://www.ncdhhs.gov/mhddsas/lmeonblue.htm">www.ncdhhs.gov/mhddsas/lmeonblue.htm</a></td>
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<td>through Local Management Entities or Managed Care Organization (LME/MCO)</td>
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<td>NC Early Intervention Program for Children who are Deaf or Hard of Hearing</td>
<td>NC Early Intervention Program for Children who are Deaf or Hard of Hearing is a program with the Department of Public Instruction, Office of Early Learning. This program provides educational services and direct early intervention to families who have children with hearing loss who are age 0-3. Program collaborates with local CDSAs statewide.</td>
<td><a href="http://www.ncpublicschools.org">www.ncpublicschools.org</a></td>
<td>Ruth Anne Everett, Director</td>
<td>828-432-5345</td>
<td><a href="mailto:ruth.anne.everett@esdb.nc.gov">ruth.anne.everett@esdb.nc.gov</a></td>
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<tr>
<td>NC Early Learning Network</td>
<td>The NC Department of Public Instruction (Office of Early Learning) is piloting a social emotional initiative for young children call SEFEL Social Emotional Foundations of Early Learning): <a href="http://csefel.vanderbilt.edu/index.html">http://csefel.vanderbilt.edu/index.html</a>. This program is being implemented in several school systems across the state primarily in preschool classrooms. The NC Early Learning Network (UNC-CH/Frank Porter Graham Child Development Institute) is currently training teachers, administrators, child care providers and other interested parties on the foundational modules of SEFEL. In addition, the Technical Assistance Center on Social Emotional Intervention for Young Children (TACSEI) takes the research that shows which practices improve the social-emotional outcomes for young children with, or at risk for, delays or disabilities and creates FREE products and resources to help decision-makers, caregivers, and service providers apply these best practices in the work they do every day.</td>
<td><a href="http://www.challengingbehavior.org/index.htm">http://www.challengingbehavior.org/index.htm</a></td>
<td>Robin Rooney</td>
<td>919-962-3801</td>
<td><a href="mailto:robin.rooney@unc.edu">robin.rooney@unc.edu</a></td>
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<td>Building awareness and advocacy</td>
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<td><strong>Name of Organization:</strong> NC Families United</td>
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<td><strong>Name of Program:</strong> Family Partner Health Navigators</td>
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<tr>
<td><strong>Description:</strong> NC Families United Family Partner Program matches families and primary caretakers of young children with emotional and behavioral health issues to other parents who need help navigating the multi systems to provide peer supports. Funding made possible through Alamance Alliance system of care grant. Family Partner Health Navigators - Family Partner Health Navigators are located in 2 Pediatric offices in Burlington. They work with an early childhood mental health consultant as a team. The Family Partner Health Navigator provides a warm hand off of the families to the ECMH consultant. FPHN's provide support to the family and help them to navigate the system and find resources. This is done through Project LAUNCH and serves children birth to age 8.</td>
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<tr>
<td><strong>Website:</strong> ncfamiliesunited.org</td>
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<tr>
<td><strong>Contact Person:</strong> Libby Jones</td>
<td><strong>Phone Number:</strong> 336-380-7274 336-395-8828 (cell)</td>
<td><strong>Email Address:</strong> <a href="mailto:ljones3@bellsouth.net">ljones3@bellsouth.net</a></td>
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<tr>
<td><strong>Description:</strong> Information about play therapy and list of play therapists in North Carolina</td>
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<td><strong>Website:</strong> <a href="http://www.ncapt.org">www.ncapt.org</a></td>
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<tr>
<td><strong>Name of Organization:</strong> Partnership for Children/Smart Start</td>
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<td><strong>Description:</strong> Local Partnership for Children coordinate, implement and fund programs that support healthy development of children birth through five. These may include, but not be limited to support for child care and child care centers, teacher education, parenting programs, reading enhancement, home visitation, etc.</td>
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<td><strong>Website:</strong> Find out more about Smart Start in your community at: <a href="http://www.smartstart.org">www.smartstart.org</a></td>
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**Name of Organization:** Prevent Child Abuse North Carolina

**Description:** The Prevention Network is an affiliation of agencies and individuals who are invested in developing safe, stable, nurturing, and healthy relationships for all North Carolina children. Members are organizations and individuals who are committed to preventing child abuse and neglect by strengthening and supporting families in their communities. Members represent diverse fields such as early childhood, education, public health, mental health, child protection, medicine, domestic violence prevention, law, and family support. The Prevention Network provides access to training, resources, and networking opportunities to help strengthen member’s abilities to serve North Carolinians.

**Website:** [www.preventchildabusenc.org](http://www.preventchildabusenc.org)

**Contact Person:** Carolyn Abdullah  
**Phone Number:** 919-256-6614  
**Email Address:** cabdullah@preventchildabusenc.org

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<th>Building awareness and advocacy</th>
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</table>

**Name of Organization:** Prevent Child Abuse North Carolina

**Name of Program:** Incredible Years Parent Preschool and School-age statewide network

**Description:** Incredible Years Parent Preschool and School-age statewide network. Prevent Child Abuse NC provides implementation infrastructure support to a Network of 21 agencies across the state. Our evaluations are showing statistically significant reports of behavior change around positive parenting and reports of challenging behaviors. Implementation support to IY Network members includes coaching, training, evaluation and on-going technical assistance and quality improvement.

**Website:** [www.preventchildabusenc.org](http://www.preventchildabusenc.org)

**Contact Person:** Stephanie Pavlis  
**Phone Number:** 919-256-6603  
**Email Address:** spavlis@preventchildabusenc.org

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<table>
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<th>Building awareness and advocacy</th>
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**Name of Organization:** Turning Point Services, Inc.

**Description:** Turning Point Services, Inc., offering many services including CBRS/Early Intervention to children & their families 0-3.

**Website:**

**Contact Person:** Cindy Meranda  
**Phone Number:** 828-296-0510  
**Email Address:**
### UNC- Child and Family Evaluation Program

**Name of Organization:** UNC-Child and Family Evaluation Program

**Description:** North Carolina Child and Family Evaluation Program/Child Medical Evaluation Program, UNC Chapel Hill trains clinicians across the state to provide forensic interviews for children and families that are involved with a local Department of Social Services. The interviews are developed into reports by trained clinicians. The reports are then used by DSS Social Workers to assist in making case decisions and decisions about what services a family involved in DSS could benefit from.

**Website:**

**Contact Person:** Dr. Mark Everson

**Phone Number:**

**Email Address:** cmep@med.unc.edu

### UNC Horizons

**Name of Organization:** UNC Horizons

**Description:** A year-long residential substance abuse treatment program for pregnant women and women with young children. Horizons provides intensive support services all mothers and children in the program. Children (ages birth to 12) receive a complete social-emotional assessment and treatment as needed. Evidence based treatments offered include Child Parent Psychotherapy, Trauma Focused Cognitive Behavioral Therapy, Circle of Security, Nurturing Parent, Strengthening Families, and Parent Child Interaction Therapy.

**Website:** [http://www.med.unc.edu/obgyn/centers/unc-horizons-program](http://www.med.unc.edu/obgyn/centers/unc-horizons-program)

**Contact Person:** Evette Horton

**Phone Number:** 919-966-9803

**Email Address:** gehorton@email.unc.edu
Name of Organization: University of North Carolina School of Nursing “Feeding Flock”

Description: The University of North Carolina School of Nursing "Feeding Flock" is a group of clinicians and researchers dedicated to developing the science of young child feeding difficulties. We have created a registry for families of young children with eating difficulties: "The Feeding Challenges Registry." Enrolled families will be invited to participate in future research studies aimed at helping families nurture their children.

Our first study is the development of the Pediatric Eating Assessment Tool (Pedi-EAT). In partnership with families of young children, we have developed and completed preliminary testing of an instrument to measure problematic eating behaviors of childhood: the Pedi-EAT. We will soon be recruiting, from the Feeding Challenges Registry and local pediatric clinics, families with children with and without feeding problems that will assist in completing the evaluation of the Pedi-EAT. As we conduct this work we will establish cut offs for children of various ages being at risk for feeding problems. We are confident this tool will be helpful for families to describe their child’s feeding behaviors, organize the behaviors, and facilitate conversations with their child’s health care providers. The Pedi-EAT can be used by health care providers to identify children at risk, track problematic behaviors over time, and examine children's response to treatment. We also believe the study of childhood feeding problems will be advanced by the Pedi-EAT; it will be used to increase understanding of early behavioral indicators of problems and to examine the evolution and co-occurrence of problematic behaviors as children develop.

Website: https://unc.qualtrics.com/SE/?SID=SV_2cpZ6TzKtKtvnOR

Contact Person: Suzanne Thoyre
Phone Number: 919-928-9501
Email Address: thoyre@email.unc.edu
### National

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<tr>
<th>Building awareness and advocacy</th>
<th>Parent/family support</th>
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**Name of Organization:** Institute for Family Centered Services (IFCS)  
**Description:** Institute for Family Centered Services (IFCS) is dedicated to keeping families together and to helping individuals become more independent in the communities they call home. We provide in-home and community based services that are personalized to help children (3-21) and families with a range of needs. At IFCS, we focus on our clients’ strengths and empowering them to overcome the challenges they face by way of our evidenced based practice model called Family Centered Treatment (FCT). The IFCS team helps keep families together by improving family life and functioning, as well as offering 24 hour on call support to the families we serve. In addition, we offer support services and family preservation services to help families get back on track.  
**Website:** ifcsinc.com  
**Contact Person:** Elizabeth Pope  
**Phone Number:** 336-297-9009  
**Email Address:** Elizabeth.Pope@thementornetwork.com

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**Name of Organization:** Kinship without Support on Facebook  
**Description:** Kinship without support is a Facebook group whose goal is keeping families connected, specifically for grandparents or other relatives who are rearing grandchildren. Allows them to lend support to each other, share ideas, and advocate.  
**Website:** https://www.facebook.com/pages/Kinship-without-support/167719636641689  
**Contact Person:** Linda Alves  
**Phone Number:** 919-638-3268  
**Email Address:** lindaalves3@yahoo.com
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**Name of Organization:** National Center for Early Childhood Mental Health Consultation *(see page 49 for statewide Head Start network)*

**Description:** The Center for Early Childhood Mental Health Consultation was created through a grant from the Office of Head Start. Our target audience includes: Mental Health Consultants, Head Start Programs Training & Technical Assistance Providers and Families. As a national program, the Center translates research in healthy mental development into materials tailored to the needs of each of the target audiences, and makes them available on this website. The Center gathers in one place a wide range of materials that address the needs of HS staff and families for practical guidance on effective ways to promote young children's social and emotional development, and reduce challenging behaviors in class rooms and with families. The Center provides resources for: Head Start Mental Health Consultants, Head Start Administrators, Head Start Staff Head Start Families and Training &Technical Assistance Providers.

**Website:** [http://www.ecmhc.org/index.html](http://www.ecmhc.org/index.html)

**Contact Person:**

**Phone Number:**

**Email Address:**

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**Name of Organization:** National Center on Addiction and Substance Abuse, Columbia University

**Description:** Family Day on Facebook is a national movement to promote parenting engagement and gives parents tools to keep kids engaged with goal of kids who are substance free. Provide daily ideas and ways to engage children of different ages.

**Website:** [www.casafamilyday.org](http://www.casafamilyday.org)

**Contact Person:**

**Phone Number:**

**Email Address:**

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**Name of Organization:** ZERO TO THREE

**Description:** ZERO TO THREE is a national, nonprofit organization that informs, trains, and supports professionals, policymakers, and parents in their efforts to improve the lives of infants and toddlers. Our mission is to promote the health and development of infants and toddlers. We achieve this by translating research and knowledge—specifically information about the kinds of early experiences that help children thrive—into a range of practical tools and resources for use by the adults who influence the lives of young children. Supports and expertise include: National Training Institute, Reflective Practice & Program Development, Training and Professional Development, Free Parent Brochures and Guides and the Zero To Three Journal.

**Website:** [http://www.zerotothree.org/child-development/](http://www.zerotothree.org/child-development/)

**Contact Person:**
National Headquarters (Washington, DC)

**Phone Number:** (202) 638-1144

**Email Address:**
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