



2013 Annual Report

Our Vision: Every infant, toddler and young child in North Carolina will grow up within nurturing relationships and supportive environments that provide the basis for emotional, cognitive and social capacities necessary for healthy future development.



Our Mission: Early relationships, experiences and the broader environment form the foundation for lifelong physical and mental health. NCIMHA is a statewide, interdisciplinary, nonprofit organization that promotes this strong foundation for infants, toddlers, young children and their caregivers through public awareness, advocacy and professional development.

The Issue: Social and emotional health is the foundation for everything that is critical to well-being in life, from physical health to our ability to learn, to connect with others, to thrive. And it must be cultivated from the very beginning through nurturing relationships, positive experiences and supportive environments. Social and emotional problems impair up to 10-14% of children nationally and in North Carolina that equates to 91,000 children. The consequences are impacting society beyond measure. Prevention and early intervention are the solution.

Working for the positive emotional, social and cognitive development of children from birth to age five is the purpose of the North Carolina Infant & Young Child mental Health Association. Taking an interdisciplinary, holistic and collaborative approach, we are focused on awareness, advocacy and professional development. At the heart of it is our state's most precious resource, and a healthier future for all.

NCIMHA advocates the power of education, coordination and collaboration across organizational and professional disciplines to promote the optimal development of infants, young children and their families. Services for infants, young children and caregivers should be relational, integrated, holistic and developmental.

There is critical need for public awareness, advocacy and professional development devoted to infant and young child mental health, which NCIMHA can deliver for powerful positive outcomes.

Results -Public Awareness/ Professional Development

- ◆ In collaboration with NC AHEC and the Governor's Early Childhood Advocacy Council, NCIMHA engaged 491 participants in nine free, day-long Learning and Action Workshops across the state, bringing communities together around the NC Institute of Medicine report & recommendations on Young Child Mental Health.
- ◆ Developed and disseminated a state-wide Infant-Young Child Mental Health resource guide.
- ◆ Board members made 18 presentations related to infant/ young child mental health and NCIMHA to groups including Children's Developmental Services Agencies, the NC Psychological Association, NAMI, Child Care Services Association, NC Association of Directors of Developmental Day Centers, Local Interagency Coordinating Councils, Mission Hospital, Innovation Approaches, as well as at National Smart Start Conference and the Developmental Intervention in Neonatal Care Conference (New Orleans).



Results - Advocacy

- ◆ Established membership with Covenant for North Carolina's Children
- ◆ Wrote to the General Assembly encouraging funding for children's programs.
- ◆ Developed an NCIMHA Advocacy Committee to keep abreast of proposed laws, policies, research initiatives, programming and funding opportunities to position NCIMHA to best advocate for the social-emotional needs of children and families .
- ◆ Provided input into Governor's Proclamation on Child Mental Health reminding citizens that "mental health begins at infancy".

Results– Organization Sustainability

Membership Growth and Engagement:

- ◆ Achieved growth in membership to 178 as of early November 2013
- ◆ Enhanced database management to help communicate with members
- ◆ Achieved financial stability and used resources to support conference and other education efforts

Board Development:

- ◆ Welcomed three new members to Board of Directors ensuring organizational leadership that is multi-disciplinary and regionally diverse.

Grants and Awards:

\$40,000.00 from NC Collaborative for Children, Youth, and Families
for Early Leadership Train the Trainer in infant /young child mental health concepts
using a team approach in three regions across NC to take place in spring of 2014.

2013 NC Pediatric Society “Good for Kids” Award

NCIMHA Board of Directors:

President, Suzanne Fullar, RN, MSN, MPH, PNP
Infant Mental Health Specialist / Asheville

Vice President, Melissa R. Johnson, Ph. D.,
Pediatric Psychologist, WakeMed / Raleigh

Treasurer, Barbara Still, Ph.D
Wee Play Psychological Services / Raleigh

Secretary, Sheryl Ewing, ITFS
Family Support Network / Wilmington

Committee Chairman, John L. Ellis, Ph.D.
Director—Charlotte-Mecklenburg CDSA / Charlotte

Committee Chairman, Gary Ander, MS, LCSW
Alamance Alliance / Durham

Committee Chairman, C. Chris Payne, Ph.D.
Director, Center for Youth and Family Partnerships /
UNCG / Greensboro

Committee Chairman, Evette Horton, Ph.D. , NCC, LPCS, ITFS
Child and Family Therapist, UNC Horizons / Chapel Hill

Committee Chairman, Garnett Hutchinson, MS, OT
Retired / Asheville

Committee Chairman, Libby Cable , MS
Non-profit support and consulting / Davidson

Director, Kelly Sullivan, Ph.D.
Center for Child and Family Health, Duke UMC / Durham

Director, Ruby Brown-Herring, BSW M.Ed.
Wake AHEC / Raleigh

Director, Heather Ulrich, Ph.D.
Assistant Professor, Psychology Dept.
UNC Asheville / Waynesville

Director, Robin Maynard, M.Ed., B-K, ITFS
Easter Seals UCP NC & VA, Inc.
Director of Operations -Child and Family Services / Wilmington

Director, Terri Shelton, Ph. D.
Vice Chancellor for Research and Economic Development
UNCG / Greensboro

Director, Archana V. Hegde, , PhD, BK
Associate Professor, Dept. of Child and Family Relations
East Carolina University / Greenville

Association/ Institutional Support:

NC Collaborative for Children, Youth & Families
University of North Carolina at Greensboro
ZFive of Mecklenburg County

Individual Gifts

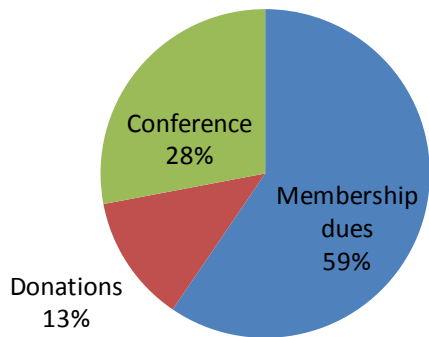
Jessica Amsbury	Deborah Kennerson-Webb
Gary Anders	Arianna Klotz
Patti Beardsley	Keith Letchworth
Theresa Bullock	Robin Maynard
Kristen Bunker	Judy McKay
Frances Davis	Ralph Murphy
Karin Dawes	Marjolyn Nordhorn
Carrie Dittner	Chris Payne
John Ellis	Cynthia Redd
Theresa Flynn	Betty Rintoul
Lee Gale	Terri Shelton
Jean Hall/Smith	Barbara Still
Robert Herman-Smith	Gordon Still
Garnett Hutchinson	Susan Woodard
Melissa Johnson	

**Help us nurture the dream of tender,
unconditional care for every infant and young child
in North Carolina.**

**Visit us at www.ncimha.org
Read, Watch, Learn, Subscribe, Join, Donate**

NCIMHA Finances

Revenue



2012 end balance	\$ 7,531.19
2013 revenue	\$ 12,248.77
Total	\$19, 779.96

Fees	\$ 475.00	Association Dues Accounting
Communication	\$644.96	Web Maintenance Mailings/ Postage
Liability Insurance	\$750.00	
Professional Development	\$1500.00	2012 Annual Conference
Miscellaneous	\$44.22	
Total expenses	\$3,415.18	

Expenses

