



Nurturing the Brain Developer & Presenters

The Nurturing the Brain materials were developed by Dr. Betty Rintoul, of Encouraging Connections in Chapel Hill, North Carolina. In 2014, The North Carolina Infant Mental Health Association partnered with Dr. Rintoul to develop these materials and train community leaders throughout North Carolina. The Nurturing the Brain series contained three modules: Toxic Stress & Early Brain Development; Buffering Stress through Responsive Relationships, and Parent and Family Engagement.

In 2016 these materials were updated and adapted to be more specific to early childhood providers and early education students. The modules are available through the North Carolina Early Learning Network, located at Frank Porter Graham Child Development Institute, UNC. The link is as follows:

<http://modules.nceIn.fpg.unc.edu/early-childhood-mental-health-modules>

In 2018 Dr. Rintoul provided Train the Trainer retreats in coordination with the North Carolina Association for the Education of Young Children. These Nurturing the Brain modules include: Early Brain Development, Toxic Stress, Building Resilience. Additional presentation materials on Adverse Childhood Events and Adult Resilience are available to include in the trainings.

Dr. Rintoul is owner of Encouraging Connections and is retired from private practice. Her work with at risk children, foster families and children provided the foundation to bring this information to those who interact the most with young children: their parents, teachers, and providers. She lives in Carrboro, North Carolina.