



North Carolina Infant and Young Child Mental Health Association

2020 Annual Report

The NCIMHA is the only statewide organization dedicated specifically to the healthy emotional, cognitive, and social development of children prenatal to five years old. Our board and members – representing a range of disciplines as well as parents and caregivers of young children – work throughout the year to provide education, workforce development, and advocacy to support programs, policies, and coordinated efforts to enhance the social-emotional lives of young children. With this report, we present our successes from the year.

Our Vision

Every NC child will grow up in nurturing foundational relationships and supportive environments that provide the basis for emotional, cognitive, and social capacities necessary for a healthy future.

In Appreciation

We are grateful for all the contributions of our board and members this past year, and we look forward to continued successes and accomplishments in 2021. If you would like to be more engaged in the work of the NCIMHA, please reach out to let us know! Together, we can make a difference in the lives of young children.

NCIMHA By the Numbers



Total Revenue:	\$17,290.71
Total Expenses:	\$2,326.95
Ending Balance:	\$60,953.01

604 Association Members
12 Board Members:



Sharon Loza, President
Paul Lanier, Secretary
Ennis Baker
Irina Falls
Ebonyse Mead
Tina Welch Saunooke

Karen Appleyard Carmody, VP
Catherine Joyner, Treasurer
Caroline Chandler
Karen McKnight
Rhodus Riggins, Jr.
Jodi Whiteman

Special thanks to Ebonyse Mead who served on the Board from 2019-2020 and has moved on to new professional endeavors in Georgia

Advocacy and Partnership Highlights

Board members partnered with numerous state and regional initiatives to provide leadership and action for young children.

Examples include:

- Early Well Initiative
- Think Babies Leadership Team
- NC Early Childhood Data Advisory Council
- State Family Engagement and Leadership Coalition
- NC DHHS State Mental Health Assessment Workgroup
- Home Visiting and Parent Education Systems Planning Team

Contact Us

North Carolina Infant and
Young Child Mental
Health Association
(NCIMHA)

Address

9660 Falls of Neuse Rd

Suite 138, #277

Raleigh, NC 27615

Email

info@ncimha.org

Website

www.ncimha.org

Facebook

[Facebook.com/NCIMHA](https://www.facebook.com/NCIMHA)



Conference Highlights

This year, NCIMHA joined with the North Carolina Partnership for Children, NC Division of Public Health, and the UNC School of Social Work Jordan Institute for Families to co-host the 2020 NC Infant & Early Childhood Mental Health, Home Visiting & Parent Education Conference. The two-day virtual summit brought together 593 attendees to increase the knowledge and skills needed by mental health and home visiting professionals to meet the complex needs of young children and their families. Highlights included:

- KEYNOTE: Beatriz Vides, Center for Trauma Resilient Communities
- PRESENTATIONS: 12 Breakout Sessions + Parent Panel
- FILM SCREENING: No Small Matter + Debrief Discussion

Workforce Development Highlights

Infant Mental Health Competencies and Endorsement

This year, NCIMHA became members of the Alliance for the Advancement of Infant Mental Health (AAIMH) and the World Association for Infant Mental Health. At the 2020 NC Infant & Early Childhood Mental Health, Home Visiting & Parent Education Conference, we announced plans for introducing competencies and endorsement through AAIMH for early childhood professionals in the state of NC. We worked in collaboration with the NC Infant Toddler Program to purchase the AAIMH competencies and in the coming year will be hiring a contractor to begin implementing the endorsement program.



Contributions to Workforce Professional Development

Board members and NCIMHA members contributed in many ways to the professional development of our field, including providing reflective supervision, presentations, and trainings in various topics, such as trauma-informed practice in early childhood, diagnostic classification of mental health and developmental disorders, equity, promoting resilience in the workforce, supporting children of incarcerated parents, and evidence-based early childhood models.