



**NCIMHA**  
NORTH CAROLINA  
INFANT AND EARLY CHILDHOOD  
MENTAL HEALTH ASSOCIATION

# INFANT MENTAL HEALTH SPECIALIST (IMHS)



## Who?

- Infant Parent Psychotherapist
- Child Parent Psychotherapist
- Private Practice MH Therapist
- Home Visitor (Child First)

## Do You...

- Accurately interpret information from informal and formal observations or assessments to identify capacities, strengths, developmental delays and/or emotional disturbances in infants and toddlers you serve?
- Develop service plans that take into account the unique needs, desires, history, lifestyle, concerns, strengths, resources, culture, community, and priorities of each pregnant person, infant, toddler, and their family?
- Effectively implement relationship-focused, therapeutic interventions that enhance the capacities of caregivers and their infants or toddlers?

## If you answered YES...

You provide culturally sensitive, relationship-focused, infant and/or early childhood mental health **treatment** services intended to explicitly address issues related to attachment, separation, trauma or unresolved grief/loss as they affect the attachment relationship, development or behavior of the infant, toddler or young child. Infant Mental Health Endorsement® connects your experience with a set of competencies that recognize your expertise.



**Interested? Contact our Endorsement Coordinator [Endorsement@NCIMHA.org](mailto:Endorsement@NCIMHA.org)**