



Vetting FAQ for Reflective Supervision/Consultation Providers

What is Endorsement?

Infant Mental Health (IMH) Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health (IMH-E®) is an internationally recognized credential that supports and recognizes the development and proficiency of professionals who work with or on behalf of pregnant people, infants, toddlers, and their families. It is based on a set of competencies designed to support and enhance culturally-sensitive, relationship focused practice within the framework of infant and early childhood mental health. Endorsement applicants come from a variety of disciplines and demonstrate acquisition of these competencies through education, work, specialized training, reflective supervision/consultation (RSC) experiences, and (in some instances) an exam.

RSC is a key component of Endorsement. While recommended for all categories it is required by those applying for the *Infant Family Specialist*, *Infant Mental Health Specialist*, and *Infant Mental Health Mentor* categories. For additional information on IMH Endorsement categories and requirements see our website (www.NCIMHA.org)

 NCIMHA Reflective Supervision/Consultation Requirements <small>NORTH CAROLINA INFANT AND EARLY CHILDHOOD MENTAL HEALTH ASSOCIATION</small> Infant Mental Health Endorsement®				
INFANT FAMILY ASSOCIATE (IFA)	INFANT FAMILY SPECIALIST	INFANT MENTAL HEALTH SPECIALIST	INFANT MENTAL HEALTH MENTOR-CLINICAL	INFANT MENTAL HEALTH MENTOR-POLICY OR RESEARCH/FACULTY
Recommended, but not required	Minimum 24 hours within a one to two year timeframe	Minimum 50 hours within a one to two year timeframe	Minimum 50 hours within a one to two year timeframe, with minimum of 25 of those hours pertaining provision of RSC to others	Recommended, but not required

Additional questions? Contact NCIMHA Endorsement Coordinator endorsement@ncimha.org.

Over time, the goal is for all Endorsement applicants to be receiving RSC from an endorsed provider. However, as we grow our list of endorsed professionals, we are able to “vet” RSC providers that are not already endorsed.

What is vetting?

Vetting is a process utilized to support applicants in their Endorsement journey. The North Carolina Association of Infant Mental Health (NCIMHA) will allow vetting for when an applicant or group of applicants is seeking Endorsement and they are receiving RSC from a provider that is not yet endorsed themselves. The process allows NCIMHA to determine if the hours of RSC from a non-endorsed provider are in alignment with the Best Practice Guidelines for Reflective Supervision/Consultation (BPGRSC) used for the purposes of Endorsement.

Why am I being contacted?

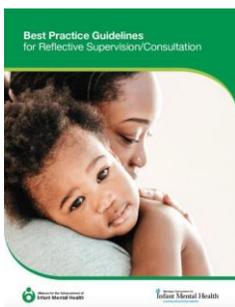
An applicant going through Endorsement has reached out to NCIMHA's Endorsement Coordinator because they identified you as their provider of RSC (past or present) and hope to utilize hours of RSC that you provided (previously and/or currently) within their Endorsement application.

Who is interviewing me?

A representative from NCIMHA will contact you to schedule and conduct the vetting interview. The representative is familiar with both the Endorsement requirements and process as, well as the RSC requirements for the purposes of Endorsement.

How is RSC for the purposes of Endorsement unique and how do I know if my RSC is in alignment?

We realize that there are many people who are or have provided a form of RSC that is valuable to their supervisees. There is a specific understanding of and process for RSC for the purposes of Endorsement, as well as a set of requirements for who can provide it to professionals that specialize in infant mental health work across Endorsement categories.



It is recommended that you review the *Best Practice Guidelines for Reflective Supervision/Consultation* (BPGRSC) prior to your interview to get a sense of what RSC for the purposes of Endorsement entails and whether it aligns with the style of supervision that you provide.

Additionally, It is also recommended that you look over the *Competency Guidelines*® to get a sense of the professional experiences and expertise the Endorsement credential seeks to capture. RSC for the purposes of Endorsement should give RSC providers a sense of an applicant's proficiencies in the competencies covered within their scope of practice or Endorsement category.

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Both documents can be requested through the NCIMHA representative when you are contacted to schedule a vetting interview, or they are available on our website.

How long does it take be vetted?

We schedule 1 hour for the vetting interview.

What does the interview entail?

The purpose of the interview is for us to learn about your understanding of RSC for the purposes of Endorsement, your experiences both receiving and providing RSC, your experience working with the 0-3 population, and relevant training experiences.

What should I expect after the interview?

A determination will be made as to whether your experiences with the provision of RSC align with the requirements for Endorsement purposes. You may be contacted if follow up questions are needed in order to make a determination. You and the Endorsement applicant who reached out to NCIMHA to connect you with the vetting process will be informed of the decision made. You will receive a letter 2-4 weeks after the interview to inform you of the decision.

The letter will detail whether you, as a provider, or the hours you provided in the past were approved for Endorsement purposes.

If yes, and you continue to provide RSC hours moving forward:

1. What categories of Endorsement applicants you are approved to provide RSC for. If you provide for multiple applicants or plan to in the future, you will want to discuss this with any other applicants you work with so that it is clear whether they will be able to count the hours you provide towards their own Endorsement application.
2. The timeline for how long you can serve as a “vetted” provider of RSC.

If you are not approved as a “vetted” RSC provider:

1. If desired, NCIMHA can connect you with resources to deepen your learning about RSC for the purposes of Endorsement.

If the RSC hours I provide do not qualify, can the applicant still get endorsed?

Yes. The applicant or applicants will still be able to become endorsed, though it may extend the timeframe it takes for them to do so. We have resources available to connect applicants to providers of RSC to obtain qualifying hours.

Can I be vetted for more than one person?

Yes. You can be vetted for one person or multiple people. Frequently, providers are approved to provide RSC for multiple people when they supervise a team or are closely connected to a group going through the Endorsement process. Whenever

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possible, we work with those providers to help them begin their Endorsement application so that they can continue to provide RSC for the purposes of Endorsement long term.

How long can I provide RSC once I am vetted?

NCIMHA is able to utilize the vetting process while we grow our list of endorsed providers, but must end the use of vetted RSC providers on or before **December 31, 2027**. When vetting is no longer allowed, hours of RSC must be provided by an endorsed provider.

If you are approved as a vetted provider, you will receive a letter with details regarding which applicants and/or categories of Endorsement you are approved to provide RSC hours to and for how long. The date of approval will typically be good for a one year time frame, in which you will be asked to “check in/renew” your vetted status if you have not completed your own Endorsement.

Are there any requirements once I am vetted and approved?

For RSC providers who are only counting previous RSC hours towards an applicant's Endorsement application:

1. You will be asked to complete a reference rating form for each applicant going through Endorsement who included you as a provider of RSC within their Endorsement application. You can view the sample reference rating forms for each Endorsement category on the NCIMHA website.

For RSC providers who continue to provide RSC hours towards an applicant's Endorsement application:

1. You are required to receive your own RSC, focused on the supervision that you provide to others.
2. After one year as a vetted provider, there is a brief check in with the Endorsement Coordinator in order to maintain your vetted status for the duration of the approved time frame.
3. It is expected that you work towards your own Endorsement so that you can continue to provide RSC once vetting is no longer approved (on or before December 31, 2027).
4. You will be asked to complete a reference rating form for each applicant going through Endorsement who included you as a provider of RSC within their Endorsement application. You can view sample reference rating forms for Endorsement Category on the NCIMHA website.

What happens if I get endorsed myself?

Once endorsed your vetting status is considered null and void. You will be able to provide RSC as meets the requirements for the category of Endorsement you earn.

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