

## $\label{lem:competency Guidelines for Culturally Responsive Relationship Focused Practice Promoting \\ Early Childhood Mental Health (ECMH-E®)$

Early Childhood Mental Health Mentor Policy (ECMHM-P) Endorsement® Requirements

Education	Masters or Doctorate, including Master of Arts (MA), Master of Science (MS), Master of Education (MEd), Doctorate in Education (EdD), Master of Social Work (MSW), Master of Nursing (MSN), Doctor of Psychology (PsyD) Doctor of Philosophy (PhD), Doctor of Osteopathy (DO), Medical Degree (MD), or other degree specific to one's professional focus in early childhood mental health, postgraduate specialization, or university certificate program  If applicants would like to use educational experiences to demonstrate competencies they may upload unofficial transcripts from any coursework or degrees earned.
Training	A minimum of 30 clock hours of Competency based training
	Applicants will include as many hours of relationship-based training and/or continuing education as necessary to document that competencies (as specified in Competency Guidelines®) have been met. <i>ECMHM-P applicants submit an average of 75 hours</i> .  For those whose degree is in a field that is unrelated to ECMH, more specialized inservice training may be required to meet the breadth and depth of the competencies.
Work Experience	Three years of postgraduate experience as a leader in policy and/or program administration related to the young child-family field
Reflective Supervision/Consultation (RSC)	Recommended, but not required
Leadership	Applicants will demonstrate 12 months of leadership experience at an agency, community, state, or national level specific to work with or on behalf of young children (ages 3-6) or their caregivers.
	Leadership activities can be paid or unpaid. For a complete list of Leadership activities, please reference the EASy system.
Professional Reference Rating Forms  Please note: At least one rating must come from an Endorsed or "vetted" professional familiar with the Competency Guidelines®	Total of three ratings:  1. One from current program supervisor  2. One from person providing reflective supervision/consultation, if applicable  3. One (or more) from colleagues who can speak to the applicant's ability to promote early childhood mental health princples and practices in and across systems
Code of Ethics and Endorsemsent® Agreement	Signed
Demonstration of Competencies	Application will document that requirements and competencies have been adequately met through specialized education, in-service training and work experience.

	Applicant will successfully complete a written examination, which includes a multiple choice and essay portion.
Professional Membership	Membership to the North Carolina Infant and Early Childhood Mental Health Association (NCIMHA) is required

## EARLY CHILDHOOD MENTAL HEALTH MENTOR-POLICYCONTINUING ENDORSEMENT® REQUIREMENTS

Education & Training	Minimum of 15 clock hours per year of relationship-based education and training, pertaining to the promotion of social-emotional development and the principles and practice of early childhood mental health  Beginning in 2024, one of these hours will be required to cover diversity, equity, inclusion, and access (DEIA)
Reflective Supervision/Consultation	Recommended, but not required
(RSC)	
Code of Ethics and	Signed
Endorsemsent® Agreement	
Professional Membership	Membership to the North Carolina Infant and Early Childhood Mental Health Association (NCIMHA) is required